

The Beacon Program

Psychosocial Rehabilitation in Action

www.beaconprogram.ca



The Beacon Program

- Provincial Program
- Psychosocial Rehabilitation Service
 - Directed principles and standards
 - Recovery
 - Full Community Integration
 - Improved Quality of Life

Psychosocial Rehabilitation

- Focuses on helping individuals re-establish skills, develop new skills, access resources and establish personal supports
- All to increase their capacity to be successful and satisfied in living, working, learning and social environments of their choice.

Who benefits ..

- Provincial Program
- People who live with severe and persistent mental illness.
- Is ideally suited to young adults who are interested in making and achieving goals for living, working, learning and social.

Who benefits ...

As a voluntary program, it is the willing participation of the individual that is the best indicator for success.

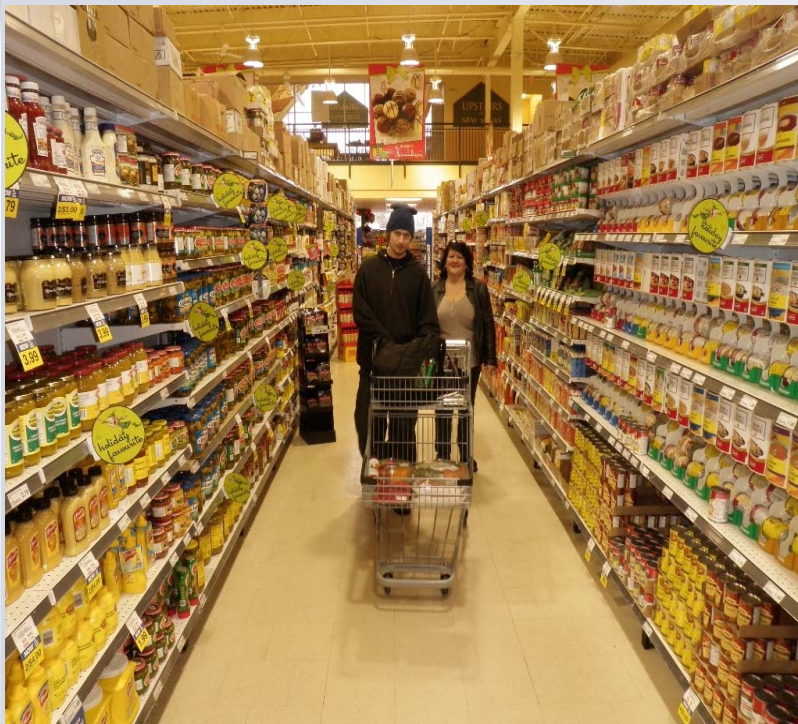


Beacon Program

<http://www.beaconprogram.ca/tour.php>

- Residence provides a home-like environment with a typical stay of six months.
- Six beds for people from the province, up to four residents living in the local area
- Day program (Changing Tides) where education and skills development activities occur

Beacon Program: How We Work ...



- Skills development for independent living such as medication management, use of public transportation, meal planning and preparation, grocery shopping, cleaning, and laundry

Beacon Program: How we work...

- Individualized plans with 1:1 meetings between residents and coordinators
- Guided by a harm reduction model and supported by our Addiction Services Partners

Beacon Program: How we work...

- Peer Support
- Planned recreation opportunities in the evenings and on weekends, as chosen by residents



Beacon Program: How we work ...



- Changing Tides
 - Education Sessions
 - Social Skills Group
 - Life-skills Sessions
 - Creative Art for Wellness
 - Substance Use Group

Beacon Program: How we work...

- Changing Tides
 - Nutrition Sessions
 - Fitness Initiatives
 - Solutions for Wellness
 - Beacon Business



Beacon Program: A day in the life ...



- Fostering independence and self-direction
- Keeping it real

Family

- Emphasis on working collaboratively with the family, as defined by the resident.
- To provide support and education, and with the client's permission, involving them in the recovery process.



Community and Partners

- Working with the referring agency, and other community supports to promote a smooth transition and continuing recovery
- Regular communication with referral agency including monthly review meetings

Our Team

- Multidisciplinary Team
- Supported by AVDHA and community agencies and partners

Outcome Measures

- Pre and post measures of cognitive functioning, anxiety, extra-pyramidal side effects from medication, and various aspects of life skill functioning

Referral Process

Referral Package





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