



Children, Youth & Adults
Improving Access to Mental Health Services:

Mental Health Programs Referral
Processes & Contact Information

2006



Capital Health



IWK Health Centre



DALHOUSIE
University

Introduction

In the spirit of the Healthy Minds Initiative, a community effort to improve mental health which was initiated by mental health strategic planning in '04 and '05, we are happy to provide you with the second annual edition of the Mental Health Services Directory.

Through strategic planning, we truly recognized that everyone has a role to play in improving mental health in the community. Being the first point of contact for many people living with mental illness or mental health issues, no one knows this better than family physicians. The Mental Health Services Directory is a small step toward improving communication between you and our mental health programs, making your job just a bit easier, and ultimately improving patient care.

The directory will provide you with contact information for services provided by the Capital District Mental Health Program, the IWK Mental Health Program and the Dalhousie Department of Psychiatry. It includes key contacts that will help you and your patients access services within the mental health programs and supports provided by community organizations.

To make the directory easier to use, we have responded to your feedback by adding an administration section and contacts for the Dalhousie Department of Psychiatry. You will also notice the information is divided by services for children and those for adults, the community resource section is easier to find and we have simplified the terminology.

The Mental Health Services Directory is available on the Capital Health web site at www.cdha.nshealth.ca/programsandservices/mentalhealth but if you would like more copies, please contact Shauna Blundon, Department Coordinator, at 464-6098 or shauna.blundon@cdha.nshealth.ca

We hope that you find this a useful tool in the delivery of mental health services to your patients. If you have any suggestions or comments about the directory we would be glad to hear from you; please contact Shauna Blundon at the above coordinates.

Sincerely,



Brendan Carr
Director,
Primary Care



Louise Bradley
Director,
Mental Health Program and
East Coast Forensic Hospital



Susan Mercer
Interim Vice President,
IWK Mental Health Program



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Key Contact Numbers

Department	Telephone
Abbie J. Lane Out Patient Department	(902) 473-2043
Case Management Services	(902) 434-5027
COAST (Community Outreach and Support Team for Developmentally Delayed Persons)	(902) 464-3032
Community Mental Health	
Bedford/Sackville	(902) 865-3663
Cole Harbour and Eastern Passage HRM	(902) 434-3263
Hants West	(902) 792-2042
Dartmouth	(902) 464-3115
Abbie J. Lane	(902) 473-2531
Connections Clubhouse	(902) 473-2385
Early Psychosis	(902) 464-3457
Eating Disorders Clinic	(902) 473-6288
Emergency Psychiatric Assessment Service NSH	(902) 464-3252
Mental Health Day Treatment Program	(902) 473-0500
Mobile Crisis	(902) 466-3469 (902) 429-8167 (crisis line)
New Beginnings Clubhouse	(902) 464-3588
Mood Disorders	(902) 473-2585
Seniors Mental Health	(902) 464-3303
Sleep Disorders	(902) 473-4298

Administration Contacts

Senior Management

Name	Portfolio	Contact Information
Louise Bradley, Director	CDMHP and Forensics	NSH Site Tel: (902) 464-4147 Email: louise.bradley@cdha.nshealth.ca
Cindy Bayers, Communications Advisor	Communications	NSH Site Tel: (902) 464-3173 Email: cindy.bayers@cdha.nshealth.ca
Cheryl Billard, Program Manager	Community Support	NSH Site Tel: (902) 464-3312 Email: cheryl.billard@cdha.nshealth.ca
Shauna Blundon, Department Coordinator	Administration	NSH Site Tel: (902) 464-6098 Email: shauna.blundon@cdha.nshealth.ca
Trevor Briggs, Program Manager	Forensics	East Coast Forensic Hospital Tel: (902) 460-7326 Email: trevor.briggs@cdha.nshealth.ca
Angela Connors, Program Manager	Provincial Sexual Offender Program	NSH Site - Purdy Basement Tel: (902) 464-3211 Email: angela.connors@cdha.nshealth.ca
Amanda Crabtree, Project Manager	Administration	East Coast Forensic Hospital Tel: (902) 460-7401 Email: amanda.crabtree@cdha.nshealth.ca
Dorothy Edem, Program Manager	Recovery & Integration	East Coast Forensic Hospital Tel: (902) 460-7346 Email: dorothy.edem@cdha.nshealth.ca
Beth Floyd, Program Manager	Population Specific Support / ICARE	NSH Site Tel: (902) 464-3293 Email: beth.floyd@cdha.nshealth.ca
Susan Hare, Program Manager	Crisis Support	The Village at Bayers Road Tel: (902) 464-3469 Email: susan.hare@cdha.nshealth.ca
Sandra Hennigar, Program Manager	Day/Night Support	NSH Site Tel: (902) 464-3338 Email: sandra.hennigar@cdha.nshealth.ca
Michele Steele, Program Manager	Offender Health Services	East Coast Forensic Hospital Tel: (902) 460-7348 Email: michele.steele@cdha.nshealth.ca
Dr. Ian Slayter, Interim Clinical Director	Psychiatry	QEII Site, AJL 3rd floor Tel: (902) 473-2913 Email: ian.slayter@cdha.nshealth.ca
Dr. Scott Theriault, Acting District Department Chief	Psychiatry	NSH Site Tel: (902) 464-3122 Email: scott.theriault@cdha.nshealth.ca

Dalhousie Psychiatry

Name	Address	Telephone	Email
Dr. Aidan Stokes, Acting Department Head	Room 8210, AJLB	(902) 473-2463	astokes@dal.ca
Carolyn Sisley, Senior Administrator	Room 8211, AJLB	(902) 473-3868	Carolyn.Sisley@cdha.nshealth.ca
Dr. Ben Rusak, Director of Research	Room 8215, AJLB	(902) 473-2433	benjamin.rusak@dal.ca
Donna Fraser, Research Administrator	Room 8214, AJLB	(902) 473-4252	DLFraser@cdha.nshealth.ca
Dr. Allan Abbass, Director of Education	Room 8203, AJLB	(902) 473-2514	aabbass@dal.ca
Annette Cossar, Education Administrator	Room 8101A, AJLB	(902) 473-2507	Psyamc@cdha.nshealth.ca
Dr. Herb Orlik, Head of Child & Adolescent, Psychiatry Division	Maritime Psychiatry Charter Place	(902) 470-8375	herbert.orlik@iwk.nshealth.ca
Julie O'Grady, Child & Adolescent	Maritime Psychiatry Charter Place	(902) 470-8988	julie.ogrady@dal.ca
Dr. Stan Kutcher, Director of International Psychiatry	Room 8406, AJLB	(902) 473-6214	stan.kutcher@dal.ca

Frequently Used Community Resources

Employment:

Dartmouth Work Activity Society	(902) 468-1320
Stonehearth Bakery	(902) 454-2852
Lakecity Employment Services (www.lakecityemployment.com)	(902) 465-5000
Options Work Activity Program	(902) 453-6246
Women's Employment Outreach	(902) 422-8023
Affirmative Industries Association of Nova Scotia	(902) 464-3431 / 3466
Team Work Cooperative	(902) 422-8900
Employability New Leaf Enterprises	(902) 455-9044
HRDA Employment Centres	Halifax (902) 426-8119 Bedford (902) 426-5552

Housing:

Department of Community Services	(902) 424-1600
Metropolitan Regional Housing Authority	(902) 420-6000
Metro Non-Profit Housing Association	(902) 466-8714
Alice Housing	(902) 466-8459
Phoenix Youth Centre (Youth)	(902) 420-0676
Metro Community Housing Association	(902) 453-1188

Emergency Food/Shelter:

Salvation Army Addictions & Rehabilitation Services	(902) 422-2363
Feed Nova Scotia	(902) 457-1900
St. Vincent de Paul Society	(902) 422-2049
Metro Turning Point	(902) 446-4979
Bryony House	(902) 423-7183
Adsum House	(902) 429-4443
Hope Cottage	(902) 429-7968
Barry House	(902) 422-8324

Support/Counseling/Education:

YWCA	(902) 423-6162 / 423-6163
Family Services Association	(902) 420-1980
CHOICES (Youth)	(902) 424-4422
Laing House (Youth)	(902) 473-7709
Canadian Mental Health Association	Halifax Site (902) 455-5445 Dartmouth Site (902) 463-2187
Help Line	(902) 422-2048
Metro Immigrant Settlement Association	(902) 423-3154
HomeCare Nova Scotia	1-800-225-7225
Mi'kmaq Native Friendship Centre	(902) 420-1576
Addictions Prevention & Treatment Services (24 Hours)	(902) 424-5623
Consumer Initiative Centre	(902) 404-7800
The Self-Help Connection	(902) 466-2011
Healthy Minds Cooperative	(902) 404-3504
The Black Cultural Centre	(902) 434-6223
Cultural Interpreter Services	24 hr (902) 425-5532 (902) 425-6605
Gambling Programs/Nova Scotia	1-888-347-8888

ADULTS: Centre for Emotions and Health

The Centre for Emotions and Health is a tertiary Capital Health service providing consultation and short-term psychotherapy for those with stress-related somatic symptoms, anxiety and depression. The service also provides videotape-based education to a broad range of health professionals and pursues collaborative research in the health outcomes of brief psychotherapy methods.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Beth Floyd, Program Manager		(902) 464-3293	NSH, 300 Pleasant St., P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-3002
Dr. Allan Abbass, Psychiatrist		(902) 473-2514	Queen Elizabeth II Health Sciences Centre, Abbie J. Lane Memorial Bldg., 7th Floor, 5909 Veterans Memorial Lane, Halifax, NS B3H 2E2	(902) 473-4545
Dr. Deborah Duerden, Family Physician and Psychotherapist		(902) 473-2496	Queen Elizabeth II Health Sciences Centre, Abbie J. Lane Memorial Bldg., 7th Floor, 5909 Veterans Memorial Lane, Halifax, NS B3H 2E2	(902) 473-4545
Richard Zehr MA, Psychologist		(902) 473-2751	Queen Elizabeth II Health Sciences Centre, Abbie J. Lane Memorial Bldg., 7th Floor, 5909 Veterans Memorial Lane, Halifax, NS B3H 2E2	(902) 473-4545

ADULTS: Clubhouses

Connections Clubhouse

Connections Clubhouse is a service designed for adults whose lives have been significantly disrupted by severe and recurring mental illnesses. Membership in the clubhouse is voluntary and open to those over 19 years of age. The program is delivered in a participatory manner. Staff and members are involved in all aspects of clubhouse life, from design to evaluation, public education and consultation.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Nancy Beck, Social Worker/Coordinator		(902) 473-8696	1221 Barrington St., Halifax, NS B3J 1Y2	(902) 473-6259
Gail Kelly, Occupational Therapist		(902) 473-6230	1221 Barrington St., Halifax, NS B3J 1Y2	(902) 473-6259
Joanne Boyd, Occupational Therapist		(902) 473-6230	1221 Barrington St., Halifax, NS B3J 1Y2	(902) 473-6259
Gene Frampton, Social Worker		(902) 473-4798	1221 Barrington St., Halifax, NS B3J 1Y2	(902) 473-6259
Alanna Emin, Occupational Therapist		(902) 473-8695	1221 Barrington St., Halifax, NS B3J 1Y2	(902) 473-6259
Sandy Larsen, Registered Nurse		(902) 473-4598	1221 Barrington St., Halifax, NS B3J 1Y2	(902) 473-6259
Mark Maxwell, Occupational Therapist Aide		(902) 473-1567	1221 Barrington St., Halifax, NS B3J 1Y2	(902) 473-6259
Dorothy Smith, Social Worker		(902) 473-1567	1221 Barrington St., Halifax, NS B3J 1Y2	(902) 473-6259
Heather Beaton, Occupational Therapist		(902) 473-6230	1221 Barrington St., Halifax, NS B3J 1Y2	(902) 473-6259
Ruth Bruer, Social Worker		(902) 473-4798	1221 Barrington St., Halifax, NS B3J 1Y2	(902) 473-6259
Michael Milligan, Social Worker		(902) 473-7114	1221 Barrington St., Halifax, NS B3J 1Y2	(902) 473-6259
Richard Haspray		(902) 473-7114	1221 Barrington St., Halifax, NS B3J 1Y2	(902) 473-6259
Norman Greenberg, Psychologist		(902) 473-8695	1221 Barrington St., Halifax, NS B3J 1Y2	(902) 473-6259
Coleen Drake, Clerk		(902) 473-6491	1221 Barrington St., Halifax, NS B3J 1Y2	(902) 473-6259

ADULTS: Clubhouses

Triage Level	Description	Examples	Referral Process	Target Wait Times	Actual Wait Times
All referrals are important and processing begins once they are received	<ul style="list-style-type: none"> • 19 years and over • Have a serious and recurring mental illness that prevents applicant from achieving their goals • Participation in the clubhouse is voluntary 	<ul style="list-style-type: none"> • Schizophrenia /psychosis • Schizoaffective disorders • Bipolar Disorders • Major Depression • As a result of having a serious and recurring mental illness, the applicant may have difficulties: maintaining housing, employment, education, relationships, and daily routines 	<p>The Potential Applicant:</p> <ul style="list-style-type: none"> • Calls and arranges tour • Completes membership form if interested in attending • Process starts as soon as membership form is received • Committee reviews membership forms / interview applicants • Applicants notified of decision and invited to orientation • Join the clubhouse after orientation • Orientation meeting 1x per month 	2-4 weeks	2-4 weeks

ADULTS: Clubhouses (cont.)

New Beginnings Clubhouse- Referral Process

New Beginnings Clubhouse is a place of opportunities for individuals who have a severe and persistent mental illness. It is a safe and comfortable environment where members can meet new people, learn new skills, gain meaningful employment, pursue further education, engage in social/recreational activities in their community and live in safe and affordable housing. New Beginnings, a voluntary program, places particular focus on the benefits of work, as it is designed to help members regain confidence, self-worth and purpose.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Sylvie Gibeau, Occupational Therapist, Coordinator		(902) 464-3557 pager (902) 458-5783	16 Portland St., Dartmouth, NS B2Y 1G9	(902) 464-3566
Liz Cleary, Registered Nurse		(902) 464-3588	16 Portland St., Dartmouth, NS B2Y 1G9	(902) 464-3566
Gina Hanley, Occupational Therapist		(902) 464-3525	16 Portland St., Dartmouth, NS B2Y 1G9	(902) 464-3566
Maeve Macdougall, Social Worker		(902) 464-3548	16 Portland St., Dartmouth, NS B2Y 1G9	(902) 464-3566
Anne Moir, Occupational Therapist		(902) 464-3548	16 Portland St., Dartmouth, NS B2Y 1G9	(902) 464-3566
Garry Wilson, Recreational Therapist		(902) 464-3525	16 Portland St., Dartmouth, NS B2Y 1G9	(902) 464-3566

Triage Level	Description	Examples	Referral Process	Target Wait Times	Actual Wait Times
All referrals are important and processed equally	<ul style="list-style-type: none"> • People 19 years and over • People experiencing difficulties in daily functioning because of the effect of a severe and persistent mental illness • People who do not pose a threat to themselves or others, as to maintain a safe Clubhouse environment at all times i.e. no verbal, physical or sexually violent behaviour • People willing to participate in the Clubhouse in order to work on their life goals 	<ul style="list-style-type: none"> • Schizophrenia • Schizophreniform disorders • Schizoaffective disorders • Bipolar Disorders • Major Depression • Other Psychosis Disorders • Due to Cognitive Impairments associated with the various psychiatric disorders, the individuals may have difficulties: in staying in stable housing, in maintaining social relationship, in engaging in meaningful community activity ie employment, education, daily chores 	<p>The Potential Applicant:</p> <ul style="list-style-type: none"> • Is invited for a tour of the Club, information package is provided • Is invited to spend another day at the Club • Needs to fill out applicant form (self-referrals are accepted) • The Intake staff of the Club will contact prime therapist of individual to review criteria of admission • All applications are approved by an Intake Committee, which meets weekly • If membership criteria are met, individual is notified of acceptance to the Club • When accepted, individual is invited to Orientation sessions once a week for one month 	2 weeks to 4 weeks	Varied according to individuals' wellness, readiness to start the program and ability to contact prime therapist

ADULTS: Community Mental Health

Referral Triage is based on the level of symptoms, risk to self or others, functioning, and social supports available. Other factors considered include substance use, medical problems, housing issues, legal issues, frequency of crisis, treatment compliance, the patient's readiness to participate in treatment, and the availability of community treatment and support.

The examples given are rough guides only. Actual disposition depends on consideration of the principles of priority assignment in the context of the information available about the case. The mental health team may contact the referring physician or agency or the patient for more information before setting the triage level.

Triage Level	Description	Examples	Referral Process	Target Wait Times	Actual Wait Times
0 Emergency Send to Emergency Department	<ul style="list-style-type: none"> Immediate and significant risk of harm to self or others. Acute psychosis or mania which cannot be managed in the community. 	<ul style="list-style-type: none"> Acute suicidal thoughts with intent Acute psychosis Acute mania 	Send to local Emergency Department		
1 Urgent See by end of 1 week	<ul style="list-style-type: none"> Current risk of harm to self or others but judged safe for immediate provided treatment is made available within next week. Escalating psychosis or mania with risk of rapid deterioration and need for hospitalization within week or two. Recent discharges from psychiatric inpatient units where rapid follow-up needed. 	<ul style="list-style-type: none"> Acute suicidal thoughts without intent Mania Hypomania Psychosis 	<ul style="list-style-type: none"> Fax or mail referral form or note to one of the community mental health teams listed below. Call and speak to Intake Clinician if deemed Urgent. <p>Abbie J. Lane Tel: (902) 473-2531 Fax: (902) 473-2506</p>	7 days	
2 Semi-urgent See by end of 4 weeks	<ul style="list-style-type: none"> Unstable with risk of acute decompensation due to unstable illness, personality, or circumstances. Engaging in new or increased risk behaviours due to mental illness. Acute deterioration in functioning and role performance due to mental illness. Recent onset or exacerbation of suicidal / homicidal thoughts without current risk of harm to self or others. Recent discharges from psychiatric inpatient units. 	<ul style="list-style-type: none"> Acute clinical depression Symptoms of relapse of psychosis or mania. Hypomania with promiscuous behaviour and speeding. Single parent with no supports unable to care for children due to depression, also consider referral to child protection services. Parent with mental illness suspected of neglecting children, also consider referral to child protection services. Depressed with suicidal thoughts but no intent, plan, or history of suicidal behaviour. 	<p>Bedford/Sackville Tel: (902) 865-3663 Fax: (902) 865-2072</p> <p>Dartmouth Tel: (902) 464-3115 Fax: (902) 464-4183</p> <p>Cole Harbour & Eastern HRM Tel: (902) 434-3263 Fax: (902) 434-0181</p> <p>West Hants Tel: (902) 792-2042 Fax: (902) 798-0709</p> <p>Addresses are listed in the Appendix</p>	28 days	
3 Regular See by end of 3 months	<ul style="list-style-type: none"> Chronic but stable patients where rapid deterioration is not imminent in the short-term. Mental illness, emotional distress, coping difficulties, or personality disorder without short-term risk of harm to self or others and without significant loss of function or role performance. Poor response to ongoing treatment by primary care physician. 	<ul style="list-style-type: none"> Depression Anxiety Anger Problems Coping Problems Personality Disorder 		90 days	

Wait Times: The Target Wait Time is the time from receipt of referral to face-to-face assessment which we aim to achieve. The Actual Wait Time shows the average time from referral to assessment measured over the last quarter prior to publication.

ADULTS: Community Mental Health - Bedford Sackville

General Contact Number: (902) 865-3663

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Dr. Allan Wilson, Psychologist, Health Services Manager		(902) 865-3663	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-2072
D'Arcy Bechard, Community Mental Health Nurse	Anger Management Personality Disorders, PTSD, Somatization Disorder	(902) 865-3663	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-2072
Jane Balmanno, Community Mental Health Nurse	Bipolar Disorder Psychosis; Concurrent Disorders	(902) 865-3663	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-2072
Dr. Sreenivasa Bhaskara, Psychiatrist		(902) 865-3663	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-2072
Dr. Lawrence Buffett, Psychiatrist		(902) 865-3663	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-2072
Margot Clarke-Smith, Social Worker	Personality Disorders Brief Therapy	(902) 865-3663	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-2072
Susan Fulton-Kaiser, Community Mental Health Nurse	Anxiety Disorder, Depression Managing Stress Group	(902) 865-3663	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-2072
Lorraine Gavin, Social Worker		(902) 865-3663	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-2072
Wendy Hayes-Walsh, Occupational Therapist	Eating Disorders	(902) 865-3663	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-2072
Norma Lewis, Occupational Therapist	Community living and work skills; Serious long-term mental illness; rehabilitation	(902) 865-3663	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-2072
Dr. William McCormick, Psychiatrist		(902) 865-3663	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-2072
Karla Moore, Occupational Therapist	Community living and work skills; Serious long-term mental illness; rehabilitation	(902) 865-3663	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-2072
Cheryl Pearce, Clinical Social Worker	Trauma Grief	(902) 865-3663	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-2072
Susan Pirie, Community Mental Health Nurse	Bipolar, Anxiety and Eating Disorders Assertive Communication Solution Focused Therapy	(902) 865-3663	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-2072
Dr. Michael Ross, Psychologist	Cognitive-behavioural and interpersonal-dynamic therapy; supervision of psychotherapy. Anxiety Disorders, Depression, Personality Disorders, Somatization, Adjustment Disorders	(902) 865-3663	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-2072

ADULTS: Community Mental Health - Dartmouth

General Contact Number: (902) 464-3116

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
James MacLean, Health Services Manager / Coordinator		(902) 464-3184	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183
Dr. Siobhan Bergin, Psychiatrist		(902) 464-3226	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183
Dr. Amal Bhattacharyya, Psychiatrist		(902) 464-3116	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183
Dr. Kathy Black, Psychiatrist		(902) 464-3116	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183
Edward Burton, Occupational Therapy Assistant		(902) 464-6010	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183
Kathleen Curley, Occupational Therapist		(902) 464-5996	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183
Karen Ferguson, Community Mental Health Nurse		(902) 464-3179	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183
Dr. Paul Freeman, Psychologist		(902) 464-3445	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183
Cathy Keliher, Community Mental Health Nurse		(902) 464-3178	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183
Jack Landreville, Social Worker		(902) 464-4133	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183
Valerie Lowe, Community Mental Health Nurse		(902) 464-3439	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183
Joyce Lyons, Social Worker		(902) 464-3175	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183

ADULTS: Community Mental Health - Dartmouth (cont.)

General Contact Number: (902) 464-3116

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Raylene MacDonald, Community Mental Health Nurse		(902) 464-4142	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183
Ann Moore, Occupational Therapist		(902) 464-3386	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183
Rene Murray, Social Worker		(902) 464-3497	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183
Theresa Reece, Community Mental Health Nurse		(902) 464-3215	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183
Marianne Smith, Occupational Therapist		(902) 464-3447	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183
Trilby Sylvain, Social Worker		(902) 464-3283	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183
Dr. Magdalena Walentynowicz, Psychiatrist		(902) 464-3116	Simpson Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z6	(902) 464-4183

ADULTS: Community Mental Health - Cole Harbour and Eastern HRM

General Contact Number: (902) 464-3116

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Susan Shaddick, Social Worker/ Manager		(902) 434-0881	2nd Floor Cole Harbour Place, Box 4, 51 Forest Hills Parkway, Dartmouth, NS B2W 6C6	(902) 434-0181
Melanie Barrett, Clinical Program Assistant		(902) 434-1536	Mental Health Services, Halifax County East, 2nd Floor Cole Harbour Place, Box 4, 51 Forest Hills Parkway, Dartmouth, NS B2W 6C6	(902) 434-0181
Dr. Bill Bradley, GP In Psychiatry		(902) 434-3263	Mental Health Services, Halifax County East, 2nd Floor Cole Harbour Place, Box 4, 51 Forest Hills Parkway, Dartmouth, NS B2W 6C6	(902) 434-0181
Sharyn Chapman, Community Mental Health Nurse		(902) 434-5095	Mental Health Services, Halifax County East, 2nd Floor Cole Harbour Place, Box 4, 51 Forest Hills Parkway, Dartmouth, NS B2W 6C6	(902) 434-0181
Don Cormier, Clinical Therapist		(902) 434-5912	Mental Health Services, Halifax County East, 2nd Floor Cole Harbour Place, Box 4, 51 Forest Hills Parkway, Dartmouth, NS B2W 6C6	(902) 434-0181
Dr. Alec Hipwell, Psychiatrist, Team Clinical Leader		(902) 434-3263	Mental Health Services, Halifax County East, 2nd Floor Cole Harbour Place, Box 4, 51 Forest Hills Parkway, Dartmouth, NS B2W 6C6	(902) 434-0181
Catherine Lambert, Social Worker		(902) 434-4746	Mental Health Services, Halifax County East, 2nd Floor Cole Harbour Place, Box 4, 51 Forest Hills Parkway, Dartmouth, NS B2W 6C6	(902) 434-0181
Terry McLaughlin, Occupational Therapist		(902) 434-6123	Mental Health Services, Halifax County East, 2nd Floor Cole Harbour Place, Box 4, 51 Forest Hills Parkway, Dartmouth, NS B2W 6C6	(902) 434-0181
Dr. Saravana Muthu, Psychiatrist		(902) 434-3263	Mental Health Services, Halifax County East, 2nd Floor Cole Harbour Place, Box 4, 51 Forest Hills Parkway, Dartmouth, NS B2W 6C6	(902) 434-0181

ADULTS: Community Mental Health - Cole Harbour and Eastern HRM (cont.)

General Contact Number: (902) 464-3116

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Jackie Pace, Social Worker		(902) 434-5994	2nd Floor Cole Harbour Place, Box 4, 51 Forest Hills Parkway, Dartmouth, NS B2W 6C6	(902) 434-0181
Dr. Neelma Dhar		(902) 434-2903	2nd Floor Cole Harbour Place, Box 4, 51 Forest Hills Parkway, Dartmouth, NS B2W 6C6	(902) 434-0181
Tina Pettipas, Community Mental Health Nurse		(902) 434-4568	2nd Floor Cole Harbour Place, Box 4, 51 Forest Hills Parkway, Dartmouth, NS B2W 6C6	(902) 434-0181
Shelley Radford, Occupational Therapist		(902) 434-5846	2nd Floor Cole Harbour Place, Box 4, 51 Forest Hills Parkway, Dartmouth, NS B2W 6C6	(902) 434-0181
Corinne Sampson, Social Worker		(902) 434-5618	2nd Floor Cole Harbour Place, Box 4, 51 Forest Hills Parkway, Dartmouth, NS B2W 6C6	(902) 434-0181
Dr. Carol Thompson, Psychologist		(902) 434-5184	2nd Floor Cole Harbour Place, Box 4, 51 Forest Hills Parkway, Dartmouth, NS B2W 6C6	(902) 434-0181
Nancy Trenchard, Occupational Therapy Assistant		(902) 434-6043	2nd Floor Cole Harbour Place, Box 4, 51 Forest Hills Parkway, Dartmouth, NS B2W 6C6	(902) 434-0181
Faith O'Reilly, Social Worker		(902) 434-5669	2nd Floor Cole Harbour Place, Box 4, 51 Forest Hills Parkway, Dartmouth, NS B2W 6C6	(902) 434-0181
Janine Williams, Community Mental Health Nurse		(902) 434-5865	2nd Floor Cole Harbour Place, Box 4, 51 Forest Hills Parkway, Dartmouth, NS B2W 6C6	(902) 434-0181

ADULTS: Community Mental Health - Hants West

General Contact Number: (902) 792-2042

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Cheryl Thompson, Community Mental Health Nurse/ Coordinator	Adult	(902) 792-2043	89 Payzant Drive, Windsor, NS B0N 2T0	(902) 798-0709
Dr. Elaine Campbell, Psychologist	Adult and Shared Care	(902) 792-2046	89 Payzant Drive, Windsor, NS B0N 2T0	(902) 798-0709
Jennifer Denney-Hazel, Psychologist	Child and Adolescent	(902) 792-2049	89 Payzant Drive, Windsor, NS B0N 2T0	(902) 798-0709
Dr. Lorraine Lazier, Psychiatrist	Child and Adolescent	(902) 792-2198	89 Payzant Drive, Windsor, NS B0N 2T0	(902) 798-0709
Patricia Hawes, Social Worker	Adult	(902) 792-2042	89 Payzant Drive, Windsor, NS B0N 2T0	(902) 798-0709
Lynnea Adams, Social Worker	Child and Adolescent	(902) 792-2047	89 Payzant Drive, Windsor, NS B0N 2T0	(902) 798-0709
Madeline Taylor, Social Worker	Child and Adolescent	(902) 792-2042	89 Payzant Drive, Windsor, NS B0N 2T0	(902) 798-0709
Myrna Carlson, Social Worker	Adult	(902) 792-2050	89 Payzant Drive, Windsor, NS B0N 2T0	(902) 798-0709
Dr. Emmanuel Aquino, Psychiatrist	Adult	(902) 792-2041	89 Payzant Drive, Windsor, NS B0N 2T0	(902) 798-0709
Carol White, Community Mental Health Nurse	Adult/Child and Adolescent	(902) 792-2048	89 Payzant Drive, Windsor, NS B0N 2T0	(902) 798-0709

ADULTS: Community Mental Health Outpatient – Abbie J. Lane

General Contact Number: (902) 473-2531

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Evelyn Pollard, Social Health Services Worker/Coordinator		(902) 473-2527	MHOPD-3rd Fl., Abbie J. Lane, Room 3051, QEII, Halifax, NS B3H 2E2	(902) 473-2845
Dr. Maria Angelopoulos, Psychologist		(902) 473-7143	MHOPD-3rd Fl., Abbie J. Lane, Room 3043, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Jennifer Barnes, Occupational Therapist		(902) 473-2520	MHOPD-3rd Fl., Abbie J. Lane, Room 3057, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Dr. Marcia B. Voges, Psychologist		(902) 473-2532	Psychology-6th Floor, Room 6505, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Pam Chisholm, Registered Nurse		(902) 225-4325 (cell)	MHOPD-3rd Fl., Abbie J. Lane, Room 3064, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Karen Currie, Social Worker		(902) 473-2961	MHOPD-3rd Fl., Abbie J. Lane, Room 3044, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Adele Deering, Registered Nurse		(902) 473-4263	MHOPD-3rd Fl., Abbie J. Lane, Room 3037, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Heather Haworth, Social Worker		(902) 473-2947	MHOPD-3rd Fl., Abbie J. Lane, Room 3055, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Alana James, Occupational Therapist	Vocational/Educational Assess. Counselling, AMPS functional assess., Psychosocial Rehab	(902) 473-2549	9th Fl., Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-4582
David Burke, Spiritual Care		(902) 473-2471	MHOPD-3rd Fl., Abbie J. Lane, Room 3039, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Hayden Laltoo, Social Worker		(902) 473-2538	MHOPD-3rd Fl., Abbie J. Lane, Room 3052, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Christina LeBlanc, Registered Nurse	Assessments, Medication Monitoring, Mental Health monitoring, supportive therapy	(902) 473-2956	MHOPD-3rd Fl., Abbie J. Lane, Room 3045, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Linda MacBride, Registered Nurse	Grief, Depression, Relationship Issues	(902) 473-2959	MHOPD-3rd Fl., Abbie J. Lane, Room 3053, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Esther MacInnis, Registered Nurse		(902) 473-7139	MHOPD-3rd Fl., Abbie J. Lane, Room 3038, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Dr. Douglas Maynes, Psychiatrist		(902) 473-2517	MHOPD-3rd Fl., Abbie J. Lane, Room 3042, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Sheena Moran-Tynski, Registered Nurse		(902) 473-2531	MHOPD-3rd Fl., Abbie J. Lane, Room 3058, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Angela Naugle, Occupational Therapist	Psychosocial Rehab, severe & persistent mental illness	(902) 473-2425	9th Fl., Occupational Therapy, Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-4582

ADULTS: Community Mental Health – Abbie J. Lane (cont.)

General Contact Number: (902) 473-2531

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Jim Oulton, Social Worker	Gender/Sexuality	(902) 473-8675	MHOPD-3rd Fl., Abbie J. Lane, Room 3031, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Joe Power, Occupational Therapy Assistant		(902) 473-6390	9th Fl., Occupational Therapy, Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-4582
Dr. Kim White, Psychiatrist		(902) 473-8280	MHOPD-3rd Fl., Abbie J. Lane, Room 3059A, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Dr. Curtis Steele, Psychiatrist	Short-term alternative methods	(902) 473-2522	MHOPD-3rd Fl., Abbie J. Lane, Room 3040, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Dr. Michael Teehan, Psychiatrist		(902) 473-7134	MHOPD, 3rd Fl., Abbie J. Lane, Room 3041, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Sarah Willett, Occupational Therapist		(902) 473-6323	9th Fl., Occupational Therapy, Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-4582
Tana Woodward, Social Worker		(902) 473-2537	MHOPD, 3rd Fl., Abbie J. Lane, Room 3050, QEII, Halifax, NS B3H 2E2	(902) 473-2506
Lana MacLean, Social Worker		(902) 473-2510	MHOPD, 3rd Fl., Abbie J. Lane, Room 3050, QEII, Halifax, NS B3H 2E2	(902) 473-2506

NOTE: All staff listed provide both individual and group therapy.

ADULTS: Early Psychosis Program

The Nova Scotia Early Psychosis Program (NSEPP) is a multidisciplinary program that provides care for individuals who suffer with Early Psychosis. The program delivers timely health care through incorporating excellence in clinical care, education and research.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Dr. H. Milliken, Director		(902) 464-6092	Room 147A, E.C. Purdy Bldg., NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6057
Dr. Maria Alexiadis, GP in Psychiatry		(902) 464-6096	Room 156, E.C. Purdy Bldg., NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6057
Alison LeDuc, Occupational Therapist		(902) 464-6037	Room 160 B, E.C. Purdy Bldg., NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6057
Margie Crown, Registered Nurse/ Education Co-ordinator		(902) 464-3398	Room 148 B, E.C. Purdy Bldg., NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6057
Diane Piccott, Intake Co-ordinator		(902) 464-6501	Room 160 C, E.C. Purdy Bldg., NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6057
Dr. N.L. Robertson, GP in Psychiatry		(902) 464-3117	Room 157, E.C. Purdy Bldg., NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6057
Karen Ronson, Registered Nurse		(902) 464-3471	Room 154, E.C. Purdy Bldg., NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6057

Triage Level	Description	Examples	Referral Process	Target Wait Times	Actual Wait Times
0 Emergency	<ul style="list-style-type: none"> Immediate and significant risk of harm to self or others. Acute psychosis that cannot be managed in the community. 	<ul style="list-style-type: none"> Suicidal or homicidal thoughts Aggressive behaviours 	Send to local Emergency Department		
1 Urgent See by end of 1 week	<ul style="list-style-type: none"> Case of suspected or evident first episode psychosis Age 15-35 	<ul style="list-style-type: none"> Suspected or evident psychosis. Less than 6 months previous treatment for psychosis 	Call intake clinician at: (902) 464-5997 Fax referral form (same as used by community mental health teams) to: (902) 464-6057	1 week	2-3 week
2 Semi-urgent See by end of 4 weeks	Not applicable		Note: referrals accepted from patient, family, other helping professions.		
3 Regular See by end of 3 months	Not applicable				

ADULTS: Offender Health Services - East Coast Forensic Hospital (cont.)

Offender Mental Health Services is a program that is part of CDHA and therefore run by Health and not Correction / Justice. It is run as part of the East Coast Forensic Hospital. Patients who are incarcerated in the province of Nova Scotia can be referred to the service. The service is structured around an "outpatient" mental health clinic and an inpatient psychiatric unit for patients who require that level of care for stabilization or monitoring.

Having the most recent information about the patient, most recent list of medications and a brief summary of the issues a family physician or a psychiatrist is addressing in the community, would help address their needs and care issues while incarcerated. If you are aware of a patient who will be or is incarcerated at the Central Nova Scotia Correctional Facility and who requires monitoring, follow-up or adjustment of medications, please communicate with the service.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Michele Steele, Program Manager		(902) 460-7412	88 Gloria McCluskey Ave, Dartmouth, NS B3B 2B8	(902) 460-7318
Dr. Risk Kronfli, Psychiatrist in Chief	Stabilization and Assessment	(902) 460-7300	88 Gloria McCluskey Ave, Dartmouth, NS B3B 2B8	(902) 460-7343
Paula Cunningham, Nurse	Psychiatric Nurse Assessor	(902) 460-7407	88 Gloria McCluskey Ave, Dartmouth, NS B3B 2B8	(902) 460-7389
Charlene Caesey- Gomes, Health Services Manager		(902) 460-7408	88 Gloria McCluskey Ave, Dartmouth, NS B3B 2B8	(902) 460-7389

Referral form to be sent to:

Offender Health Services
 East Coast Forensic Hospital
 88 Gloria McCluskey Drive
 Dartmouth, NS B3B 2B8
 Att: Offender Mental Health
 Fax: (902) 460-7389

ADULTS: Inpatient & Community Programs - East Coast Forensic Hospital

The East Coast Forensic Hospital (ECFH) includes two rehabilitation units, a mentally ill offender unit (MIOU), a transition program and a community program with an emphasis on Role Recovery, a model for psychosocial rehabilitation. The two rehabilitation units have 30 beds each for people who are found not criminally responsible (NCR) by reason of a mental disorder or unfit to stand trial. Care on the units is provided by a multidisciplinary team including psychiatrists, psychologists, nurses, social workers, occupational therapists, recreation therapists and a spiritual care clinician.

The MIOU provides psychiatric care for offenders within the justice system. It also provides assessments for individuals remanded by the courts of the Nova Scotia justice system to determine criminal responsibility and/or fitness to stand trial.

The Transition Program provides semi-independent living with supervision from hospital staff in two bungalows located on hospital grounds. In a supportive environment, these clients are given the opportunity to learn or re-establish life skills such as cooking, cleaning and administering their own medications.

Finally, the Community Program provides community based forensic follow-up to clients found NCR or unfit to stand trial. The program is unique in that forensic involvement, focusing on monitoring and managing risk, continues in the community. The service is provided in conjunction with local mental health clinicians, who focus on the ongoing treatment and management of mental illness and other services and supports necessary for community living.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Reception		(902) 460-7300	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7388
Rehab Unit A		(902) 460-7313/14	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7360
Rehab Unit B		(902) 460-7315/16	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7360
Mentally Ill Offender Unit		(902) 460-7301/02	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7310
Pharmacy		(902) 460-7304/05	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7311
Transition Houses, Office		(902) 460-7373	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Trevor Briggs, Program Manager, Forensic Services		(902) 460-7326	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7388
Dorothy Edem, Program Manager Recovery and Integration		(902) 460-7346	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7388
Ken Scott, Health Services Manager		(902) 460-7413	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7388

ADULTS: Inpatient & Community Programs - East Coast Forensic Hospital (cont.)

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Amanda Crabtree, Project Manager		(902) 460-7401	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7388
Dr. Scott Theriault, Psychiatrist & Clinical Director		(902) 460-7334	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7388
Dr. Grainne Neilson, Psychiatrist		(902) 460-7333	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Dr. Bob Pottle, Psychiatrist		(902) 460-7349	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Dr. Risk Kronfli, Psychiatrist		(902) 460-7332	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Dr. Roger Brown, Psychiatry Fellow		(902) 460-7329	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Dr. Andrew Starzomski, Psychologist		(902) 460-7402	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7377
Dr. Brad Kelln, Psychologist		(902) 460-7325	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Dr. Brian McCormick, Psychologist		(902) 460-7324	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Selina Huq, Role Recovery Facilitator		(902) 460-7322	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Mary Anne Lewis, Role Recovery Facilitator		(902) 460-7321	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Kelly Byrne, Role Recovery Facilitator		(902) 460-7440	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Christine Wood, Role Recovery Facilitator		(902) 460-7317	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Bev Crawley, Community Coordinator		(902) 460-7366	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Susan Hagell, Community Coordinator		(902) 460-7354	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Anita Graham, Community Coordinator, Cape Breton		(902) 565-3603	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	
Marg Connors, Community Coordinator, Valley Region		(902) 542-0162	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	

ADULTS: Inpatient & Community Programs - East Coast Forensic Hospital (cont.)

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Avai Kochanoff, Occupational Therapist		(902) 460-7362	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Heather Young, Occupational Therapist		(902) 460-7392	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Barb McKellar, Occupational Therapist		(902) 460-7363	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Mary-Celine Ronayne, Social Worker		(902) 460-7393	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7377
Kimberley Brennan, Social Worker		(902) 460-7339	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Anne Godley, Social Worker		(902) 460-7418	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Donna Vining, Recreation Therapist		(902) 460-7347	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Glen Edwards, Recreation Therapist		(902) 460-7428	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337
Barry Banks, Spiritual Care		(902) 460-7308	East Coast Forensic Hospital 88 Gloria McCluskey Ave. Dartmouth, NS B3B 2B8	(902) 460-7337

ADULTS: Eating Disorders Clinic

The QEII Eating Disorder Clinic is a tertiary outpatient group-based treatment program housed at the Abbie J. Lane Memorial Building. Referrals to this service are made by physicians who complete the standardized Physician Referral Form – Eating Disorders Clinic Referral Form (appendix 8). Only individuals suspected of having Anorexia Nervosa or Bulimia Nervosa are appropriate referrals. As the Clinic offers minimal medical services, it is expected that the referring physician maintain active involvement and medical management of their patient while in treatment at the Eating Disorder Clinic. The clinic leads a provincial network on eating disorders to support clinicians from around the province. A limited consultative service is available to referring clinicians.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Dr. David Pilon, Psychologist		(902) 473-6285	Room 3006 Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-6282
Dr. Katherine Warren, Psychiatrist		(902) 473-6327	Room 3141 Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-6282
Dr. Yvette Scattolon, Psychologist		(902) 473-6280	Room 3141 Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-6282
Jennifer Grant, Nutritionist		(902) 473-8663	Room 3142 Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-6282
Tanya Hamilton, Registered Nurse		(902) 473-6283	Room 3007 Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-6282
Connie Tremblett, Occupational Therapist		(902) 473-6284	Room 3142 Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-6282

Triage Level	Description	Examples	Referral Process	Target Wait Times	Actual Wait Times
Not applicable	<ul style="list-style-type: none"> Individuals suspected of having Anorexia Nervosa or Bulimia Patients with a Body Mass Index of 18 or greater 	<ul style="list-style-type: none"> The individual must be willing to: commit to regular weekly attendance in treatment for the duration of treatment, actively participate in group sessions, gain weight if below their normal weight range, abstain from disruptive behaviours that have a negative impact on other group members and/or the group process. The individual must be physically stable to participate in the program. Note: Individuals with Binge Eating Disorder or non eating disorder weight concerns are not treated in this clinic. This clinic is not an emergency service and does not have an inpatient component 	<p>Complete the QEII Eating Disorder Clinic Physician Referral Form</p> <p>Mail or fax to:</p> <p>QEII Eating Disorder Clinic 3005, 3rd Floor Abbie J.Lane 5909 Jubilee Rd. Halifax, NS B3H 2E2</p> <p>Fax: (902) 473-6282</p> <p>Telephone inquiries: (902) 473-6288</p>	3-5 months	

ADULTS: Emergency Services

Emergency Psychiatric Assessment Services – NSH

Provides emergency psych assessment to Dartmouth residents, DGH and support of other MHP staff.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Dr. Chris Childs, G.P in Psychiatry		(902) 464-3252	NSH, Main Floor- Purdy Bldg., 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6032
Dr. Peter Florence, Psychiatrist		(902) 464-3252	NSH, Main Floor- Purdy Bldg., 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6032
Cathy Moulton, Registered Nurse		(902) 464-3252	NSH, Main Floor- Purdy Bldg., 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6032
Dena Rankin, Registered Nurse		(902) 464-3252	NSH, Main Floor- Purdy Bldg., 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6032
Sherette Currie, Registered Nurse		(902) 464-3252	NSH, Main Floor- Purdy Bldg., 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6032

Emergency Psychiatric Assessment Services – QEII

Provides emergency psych assessment to Halifax residents, and support of other MHP staff.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Deborah Phillips, Registered Nurse		(902) 473-3104	QEII HSC, Halifax, Infirmiry Bldg., 3rd Floor, Emergency B, 17 Summer St., Halifax, NS B3H 3A7	(902) 473-2838
Margaret Tsipstis, Registered Nurse		(902) 473-3104	QEII HSC, Halifax, Infirmiry Bldg., 3rd Floor, Emergency B, 17 Summer St., Halifax, NS B3H 3A7	(902) 473-2838
Faye Morrison, Registered Nurse		(902) 473-3104	QEII HSC, Halifax, Infirmiry Bldg., 3rd Floor, Emergency B, 17 Summer St., Halifax, NS B3H 3A7	(902) 473-2838
Anne Thurgard, Psychiatrist		(902) 473-3104	QEII HSC, Halifax, Infirmiry Bldg., 3rd Floor, Emergency B, 17 Summer St., Halifax, NS B3H 3A7	(902) 473-2838

ADULTS: Emergency Services (cont.)

Mobile Crisis Intervention Services

MCIS is a service which offers professional support for adults experiencing a mental health crisis.

Crisis support is offered through phone contact or a community visit to the individual in distress depending on the nature of the crisis. The intervention includes assisting the individual to define the crisis, explore options and resources and find the immediate or ongoing support and treatment that they require. The process also includes a risk assessment of harm to self or others.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Susan Hare, Program Manager Occupational Therapist/ Coordinator	Crisis Intervention	(902) 464-3468 (admin line)	P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-4423
Mary Pyche, Crisis Intervenor/Social Worker	Crisis Intervention	(902) 429-8167 (Crisis Line)	P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 431-1617
Andrea Hanlan, Crisis Intervenor/ Registered Nurse	Crisis Intervention	(902) 429-8167 (Crisis Line)	P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 431-1617
Shauna Melanson, Crisis Intervenor/Social Worker	Crisis Intervention	(902) 429-8167 (Crisis Line)	P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 431-1617
Mary Beth Flory, Crisis Intervenor/ Registered Nurse	Crisis Intervention	(902) 429-8167 (Crisis Line)	P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 431-1617

ADULTS: Inpatient Services - 6th Floor Abbie J. Lane

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Linda McCormick, Health Services Manager		(902) 473-2548 office (902) 430-4246 cell	Room 7519, Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-1422
Anne Dunsworth, Social Worker		(902) 473-6313 pager 1190	Room 6507, Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-2454
Sarah Willett, Occupational Therapist		(902) 473-6323	Room 9516, Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-2454
Dawn MacDonald, Recreational Therapist		(902) 473-7275	Room 6439, Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-2454
Dr. Sharon Casson, GP Psychiatry		(902) 473-3417 pager (902) 456-1558	Room 6436, Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-2454

ADULTS: Inpatient Services - 7th Floor Abbie J. Lane

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Marg Foster, Health Services Manager		(902) 473-2429 office (902) 225-4028 cell	Room 7505, Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-8685
Kendra Rex, Occupational Therapist		(902) 473-6323	Room 9516, Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-8685
Rhonda Boyle, Social Worker		(902) 473-2515 pager 1128	Room 7508, Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-8685
Dr. Joann Davis, Psychiatrist		(902) 473-1463 pager 1696	Room 7423, Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-8685
Dr. Donna Davis, Psychiatrist		(902) 473-7130 pager 458-0652	Room 7422, Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-8685
Dr. Miek Bilski, Psychiatrist		(902) 473-2355 pager 1274	Room 6436, Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902)473-8685

ADULTS: Inpatient Services - Coral Hall

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Health Services Manager		(902) 464-3321	Mount Hope, 2nd Floor- Coral Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-4807
Dr. Ed Gordon, Psychiatrist		(902) 464-3049 or pager (902) 464-3111	Mount Hope, 2nd Floor- Coral Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6172
Dr. Mai Riives, General Practitioner		(902) 464-6031 or pager (902) 464-3111	Mount Hope, 2nd Floor- Coral Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-4807
Lorraine Horner, Social Worker		(902) 464-3038	Mount Hope, 2nd Floor- Coral Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-4807
Bob Bourd, Recreation Therapist		(902) 464-6042	Mount Hope, 2nd Floor- Coral Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6172
Sherran Henderson, Occupational Therapist		(902) 464-3019	Mount Hope, 2nd Floor- Coral Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6172
Janice Hussey, Occupational Therapist		(902) 464-4405	Mount Hope, 2nd Floor- Coral Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6172
Andrew MacDonald, Occupational Therapy Assistant		(902) 464-3319	Mount Hope, 2nd Floor- Coral Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6172
Christopher Reid, Occupational Therapy Assistant		(902) 464-3319	Mount Hope, 2nd Floor- Coral Hall, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6172

Triage Level	Description	Examples	Referral Process	Target Wait Times	Actual Wait Times
0 Emergency	<ul style="list-style-type: none"> Immediate and significant risk of harm to self or others. Acute psychosis or mania which cannot be managed in the community. 	<ul style="list-style-type: none"> Acute suicidal thoughts with intent Acute psychosis Acute mania 	Send to local Emergency Department – No Direct Admissions		

ADULTS: Inpatient /Outpatient Services - Emerald Hall (COAST)

Services for clients with Developmental disabilities

Inpatient Services - Emerald Hall

Outpatient Services - C.O.A.S.T

C.O.A.S.T. Program (Community Outpatient Assessment and Services Team) is the outpatient component of the provincial program that serves clients with developmental disabilities (moderate to profound mental retardation) and a range of mental health issues. Emerald Hall is the inpatient component of the provincial program.

Referrals

Referrals are accepted from community health professionals, family members, service providers and direct care providers. Prior to accepting the referral, verbal or written approval from a family physician or current mental health clinician is required. Referrals may be sent by mail, phone or fax. Information that is required includes a list of medications, medication sensitivities/allergies, description of mental health concerns, medical issues and a description of services that are required from our team.

Response time to referral requests depends on acuity level of client presented and availability of team members. All referrals/requests from family physicians will be addressed by a member of the team.

Clients who have mild mental retardation are not accepted unless there is evidence of a pervasive developmental disorder.

Admission

All admissions to the inpatient unit are pre-arranged with the C.O.A.S.T. team.

Outpatient Services - C.O.A.S.T

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Dr. Mary Tomlinson, Psychiatrist Emerald/C.O.A.S.T	Inpatient and Outpatient services	(902) 464-3043	Mt. Hope Bldg, NSH, 300 Pleasant Street, Dartmouth, NS B2Y 3Z9	(902) 464-3044
Patricia M ^c Kay, Registered Nurse Intake Nurse	Outpatient services	(902) 464-3032	Mt. Hope Bldg, NSH, 300 Pleasant Street, Dartmouth, NS B2Y 3Z9	(902) 464-3044
Amy Giffin, Registered Nurse	Outpatient services	(902) 464-4830	Mt. Hope Bldg, NSH, 300 Pleasant Street, Dartmouth, NS B2Y 3Z9	(902) 464-3044

ADULTS: Inpatient /Outpatient Services - Emerald Hall (COAST) (cont.)

Inpatient Services - Emerald Hall

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Marilyn Johnson, Health Services Manager for Emerald / C.O.A.S.T	Inpatient and Outpatient Services	(902) 464-6508	Mt. Hope Bldg, NSH, 300 Pleasant Street, Dartmouth, NS B2Y 3Z9	(902) 464-6078
Dr. Mary Tomlinson, Psychiatrist Emerald/C.O.A.S.T	Inpatient and Outpatient Services	(902) 464-3043	Mt. Hope Bldg, NSH, 300 Pleasant Street, Dartmouth, NS B2Y 3Z9	(902) 464-3044
Dr. Mai Riives, GP in Psychiatry	Inpatient Services	(902) 464-3033 or (902) 464-3035	Mt. Hope Bldg, NSH, 300 Pleasant Street, Dartmouth, NS B2Y 3Z9	(902) 464-6078
Carolyn Miller, Social Worker	Inpatient and Outpatient Services	(902) 464-3440	Mt. Hope Bldg, NSH, 300 Pleasant Street, Dartmouth, NS B2Y 3Z9	(902) 464-3044
Jenna MacKinnon, Occupational Therapist	Inpatient Services	(902) 464-3437	Mt. Hope Bldg, NSH, 300 Pleasant Street, Dartmouth, NS B2Y 3Z9	(902) 464-6078

ADULTS: Inpatient Services - Laurel Unit

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Kristi Kempton, Health Services Manager	Acute Care Inpatient Psychiatry	(902) 464-3324	Nova Scotia Hospital, Room 142- Purdy Bldg., 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-3238
Dr. Emmanuel Aquino, Psychiatrist	Acute Care Inpatient Psychiatry	(902) 464-3216	Nova Scotia Hospital, Laurel Unit - Purdy Bldg., 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6079
Dr. David To, General Practitioner	General Practitioner	(902) 464-3440	Nova Scotia Hospital, Room 345 - Purdy Bldg., 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6079 (902) 464-6079
John Thompson, Social Worker	Acute Care Inpatient Psychiatry	(902) 464-3335	Nova Scotia Hospital, Laurel Unit - Purdy Bldg., 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-3238
Sonia Papat, Occupational Therapist	Acute Care Inpatient Psychiatry	(902) 464-3285	Nova Scotia Hospital, Room 339 - Purdy Bldg., 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6079
Karrie Scribber, Recreation Therapist	Acute Care Inpatient Psychiatry	(902) 464-3486	Nova Scotia Hospital, Laurel Unit - Purdy Bldg., 300 Pleasant St., Dartmouth, NS B2Y 3Z9	

Triage Level	Description	Examples	Referral Process	Target Wait Times	Actual Wait Times
0 Emergency	<ul style="list-style-type: none"> Immediate and significant risk of harm to self or others. Acute psychosis or mania which cannot be managed in the community. 	<ul style="list-style-type: none"> Acute suicidal thoughts with intent Acute psychosis Acute mania 	Send to local Emergency Department – No Direct Admissions		

ADULTS: Inpatient Services - Maritime Hall

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Health Services Manager		(902) 464-3321	Mount Hope, 2nd Floor- Coral Hall NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-4807
Dr. Edward Gordon, Psychiatrist		(902) 464-3049 pager (902) 464-3111	Mount Hope, 2nd Floor- Coral Hall NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6172
Lorraine Horner, Social Worker		(902) 464-3038	Mount Hope, 2nd Floor- Coral Hall NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-4807
Bob Bourd, Recreation Therapist		(902) 464-6042	Mount Hope, 2nd Floor- Coral Hall NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-4807
Sherran Henderson, Occupational Therapist		(902) 464-3019	Mount Hope, 2nd Floor- Coral Hall NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-4807
Janice Hussey, Occupational Therapist		(902) 464-4405	Mount Hope, 2nd Floor- Coral Hall NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-4807
Andrew MacDonald, Occupational Therapy Assistant		(902) 464-3319	Mount Hope, 2nd Floor- Coral Hall NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-4807
Christopher Reid, Occupational Therapy Assistant		(902) 464-3319	Mount Hope, 2nd Floor- Coral Hall NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-4807

ADULTS: Inpatient Services - Mayflower Unit

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Monique Smith, Health Services Manager		(902) 464-3350	3rd Floor Purdy Bldg., NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-3357
Dr. Uttum Wadwa, Psychiatrist		(902) 464-3322 pager (902) 464-3111	3rd Floor Purdy Bldg., NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-3357
Dr. Joe Sadek Psychiatrist		(902) 464-3322 pager (902) 464-3111	3rd Floor Purdy Bldg., NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-3357
Dr. Blair Hicken, Psychiatrist		(902) 464-3322 pager (902) 464-3111	3rd Floor Purdy Bldg., NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-3357
Mary Liz Greene, Social Worker		(902) 464-3079	3rd Floor Purdy Bldg., NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-3357
Karrie Schribber, Recreation Therapist		(902) 464-3486	3rd Floor Purdy Bldg., NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-3357
Sonia Papat, Occupational Therapist		(902) 464-3322	3rd Floor Purdy Bldg., NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-3357

Dietitian Services - NSH Site

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Jan Palmer, Clinical Dietitian		(902) 464-3143	2nd Floor Purdy Bldg., NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-4158
Heather Sandeson, Clinical Dietician		(902) 464-3464	2nd Floor Purdy Bldg., NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-4158

Spiritual Care

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Barry Banks		(902) 460-7308	East Coast Forensic Hospital, 88 Gloria McCluskey Ave., Dartmouth, NS B3B 2B8	
Roy Ellis		(902) 464-3127	Mayflower Unit, N.S.H Nova Scotia Hospital, Laurel Unit - Purdy Bldg., 300 Pleasant St., Dartmouth, NS B2Y 3Z9	
David Burke		(902) 473-2471	MHOPD, AJL HBC	

ADULTS: Short Stay Unit – Abbie J. Lane

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Linda McCormick, Health Services Manager		(902) 473-2429 office (902) 225-4028 cell	Room 7505, Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-1422
Debra Crosby, Social Worker		(902) 473-2554 Pager 1232	Room 7505, Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-3247
Dr. Ezio Dini, Psychiatrist		(902) 473-4771 Pager 1272	Room 7505, Abbie J. Lane, QEII, Halifax, NS B3H 2E2	(902) 473-3247

ADULTS: Short Stay Unit – Nova Scotia Hospital

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Susan Hare, Program Manager		(902) 446-3469 (902) 223-0703	Purdy Bldg., 1st Floor, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-4423
Dr. Peter Florence, Psychiatrist		(902) 464-6170 Pager (902) 464-3111	Purdy Bldg., 1st Floor, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-4423
Dr. Chris Childs, General Practitioner		(902) 464-3329 Pager (902) 464-3111	Purdy Bldg., 1st Floor, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-6032
Jackie Barkley, Social Worker		(902) 464-4173	Purdy Bldg., 1st Floor, NSH, 300 Pleasant St., Dartmouth, NS B2Y 3Z9	(902) 464-4423

ADULTS: Mental Health Case Management Services

The Mental Health Program Case Management Services are examples of Best Practice in psychiatric rehabilitation. They provide a range of case management services based on two models, Assertive Community Treatment (ACT) and Intensive Case Management. The teams provide service to individuals living in the community with a severe and or persistent mental illness or concurrent mental illness and substance abuse which has had a major impact on aspects of their lives, such as housing, employment, social supports, finances, daily living skills.

The teams operate under the Principles of Psychosocial Rehabilitation which emphasize hope, recovery, empowerment, and effective rehabilitation founded on a partnership between the person receiving services and the practitioner. The goal of the teams is to support individuals in their recovery and growth beyond illness and to support individuals in obtaining the best quality of life possible.

Referrals are sent to Mental Health Case Management services. An intake assessment is used to determine the most appropriate team to work with the individual, either the Supportive Community Outreach Team based on the ACT model or the Intensive Care Management team.

Intensive Case Management Team

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Noel MacKinlay, Social Worker/ Coordinator		(902) 434-6767	51 Forest Hills Parkway, P.O. Box 11, Dartmouth, NS, B2W 6C6	(902) 434-5031
Michael Lassaline, Registered Nurse	Psychiatric Rehabilitation	(902) 434-2059	51 Forest Hills Parkway, P.O. Box 11, Dartmouth, NS, B2W 6C6	(902) 434-5031
Cathy Stevens, Social Worker	Psychiatric Rehabilitation	(902) 434-2384	51 Forest Hills Parkway, P.O. Box 11, Dartmouth, NS, B2W 6C6	(902) 434-5031
Susan Thomas, Occupational Therapist	Psychiatric Rehabilitation	(902) 434-2457	51 Forest Hills Parkway, P.O. Box 11, Dartmouth, NS, B2W 6C6	(902) 434-5031

Intensive Case Management Team (cont.)

Triage Levels

Referral Triage is guided by this service being a speciality service – focusing on active, community-based psychiatric rehabilitation. The service uses Growth and Recovery or Role Recovery tools in working with clients.

Referrals are received from mental health professionals within the Capital District Mental Health Program only. This service targets individuals who live with severe and persistent mental illness whose illness has had a major impact on their housing, employment, financial, social and recreational goals. These individuals may be high users of the Mental Health system. Individuals served must be actively engaged in their treatment with a Capital Health Mental Health professional or Shared Care physician and be willing to actively engage in their psychiatric rehabilitation. Staff work with individuals in their community.

Service is delivered primarily within Dartmouth City and peninsular Halifax.

Triage is based on the expectation that individuals who access the Intensive Case Management team are psychiatrically stable and engaged in treatment. These individuals are interested in support in working toward their recovery goals.

Examples are guides only. Actual disposition depends on consideration of the principles of priority assignment in the context of the information available about the case. The team will contact the client and the referring clinician for more information before determining appropriateness.

Wait times: The Target Wait Time is the time from the receipt of referral to the face-to-face assessment which we aim to achieve. The actual Wait Time is the average time from receipt of referral to the time clients receive service.

Triage Level	Description	Examples	Referral Process	Target Wait Times	Actual Wait Times
0 Emergency	<ul style="list-style-type: none"> Immediate and significant risk of harm to self or others. Acute psychosis or mania which cannot be managed in the community. 	<ul style="list-style-type: none"> Acute suicidal thoughts with intent Acute Psychosis Acute Mania 	Send to local Emergency Department		
1 Urgent	<ul style="list-style-type: none"> Not applicable. Refer to "Community Mental Health Triage Levels". 				
2 Semi-urgent	<ul style="list-style-type: none"> Not applicable. Refer to "Community Mental Health Triage Levels" 				
3 Regular	<ul style="list-style-type: none"> Currently living in the community, psychiatrically stable and not achieving their recovery goals. These individuals may be high users of the mental health system. Currently an inpatient on a psychiatric unit. They are psychiatrically stable, engaged in treatment and are identified as having the potential and are interested in support in working towards their recovery goals. 	<ul style="list-style-type: none"> Stabilized psychosis or mood disorder. May have concurrent substance abuse. Stabilized psychosis or mood disorder with high use of inpatient or other mental health services secondary to environmental stressors. 	Fax (902) 434-5031 or mail form to: Mental Health Case Management Services 51 Forest Hills Parkway, P.O. Box 11, Dartmouth, NS, B2W 6C6 Referral to be accompanied by recent psychiatric, functional and other available relevant assessments.	Seen for assessment within 7 days.	14 days

Supportive Community Outreach Team (SCOT)

Supportive Community Outreach Team (SCOT) is based on The Assertive Community Treatment (ACT) model and provides ongoing clinical care, rehabilitation and community support to patients with severe and persistent mental illnesses. Staff work with patients in their community environments.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Noel MacKinlay, Social Worker/ Coordinator		(902) 434-6767	51 Forest Hills Parkway, P.O. Box 11, Dartmouth, NS, B2W 6C6	(902) 434-5031
Lauren Butler, Registered Nurse	Assertive Community Treatment	(902) 434-5940	51 Forest Hills Parkway, P.O. Box 11, Dartmouth, NS, B2W 6C6	(902) 434-5031
Jim Dalton, Occupational Therapist	Assertive Community Treatment	(902) 434-5704	51 Forest Hills Parkway, P.O. Box 11, Dartmouth, NS, B2W 6C6	(902) 434-5031
Corliss McCloskey Registered Nurse	Assertive Community Treatment	(902) 434-5962	51 Forest Hills Parkway, P.O. Box 11, Dartmouth, NS, B2W 6C6	(902) 434-5031
John Morrison, Registered Nurse	Assertive Community Treatment	(902) 434-5926	51 Forest Hills Parkway, P.O. Box 11, Dartmouth, NS, B2W 6C6	(902) 434-5031
Jacqueline Rafuse, Registered Nurse	Assertive Community Treatment	(902) 434-5260	51 Forest Hills Parkway, P.O. Box 11, Dartmouth, NS, B2W 6C6	(902) 434-5031
Lorenna Rose-Hines, Registered Nurse	Assertive Community Treatment	(902) 434-5182	51 Forest Hills Parkway, P.O. Box 11, Dartmouth, NS, B2W 6C6	(902) 434-5031

Triage Levels

Referral triage is guided by this service being a specialty service, based on the Assertive Community Treatment (ACT) model. **Referrals are received from mental health professionals within the Capital District Mental Health Program only.** This service targets individuals who live with severe and persistent mental illness whose primary presenting problems are associated with a psychosis or mood disorder and has a major impact on their ability to live independently in the community. These individuals often require intensive support for engagement in treatment and have not benefited from traditional outpatient treatment or case management services.

Service is delivered within Dartmouth City and peninsular Halifax.

Triage is based on the intensity of community-based treatment and support required, the level of engagement in treatment, symptoms, functioning and social supports available.

Examples given are guides only. Actual disposition depends on consideration of the principles of priority assignment in the context of the information available about the case. The team will contact the client and referring clinician for more information before setting a triage level.

Wait Times: The Target Wait Time is the time from receipt of referral to face-to-face assessment which we aim to achieve. The Actual Wait Time is the average time from receipt of referral to the time clients receive service.

ADULTS: Mental Health Case Management Services (cont.)

Triage Level	Description	Examples	Referral Process	Target Wait Times	Actual Wait Times
0 Emergency Send to Emergency Department	<ul style="list-style-type: none"> • Immediate and significant risk of harm to self or others. • Acute psychosis or mania which cannot be managed in the community. 	<ul style="list-style-type: none"> • Acute suicidal thoughts with intent • Acute Psychosis • Acute Mania 	Send to local Emergency Department		
1 Urgent See by end of 1 week	<ul style="list-style-type: none"> • Living in the community and escalating psychosis or mania with risk of rapid deterioration and need for hospitalization within a week or two. • Client not engaged in discharge planning and discharge from a mental health inpatient unit is imminent and the individual requires intensive treatment and support to maintain community tenure. 	<ul style="list-style-type: none"> • Rapid exacerbation of psychotic symptoms • Rapid onset of mania or hypomania 	Fax (902) 434-5031 or mail form to: Mental Health Case Management Services 51 Forest Hills Parkway, P.O. Box 11, Dartmouth, NS, B2W 6C6 Referral to be accompanied by recent psychiatric, functional and other available relevant assessments Call and ask to speak with service coordinator (434-5027) if deemed urgent.	Seen for assessment within 7 days	14 days
2 Semi-urgent See by end of 4 weeks	<ul style="list-style-type: none"> • Living in the community and at risk of losing current community supports secondary to lack of engagement in treatment. • Not engaged in treatment while living in the community and at risk of relapse within 4 to 6 weeks. 	<ul style="list-style-type: none"> • Client at risk of losing current supports from community service providers or family. • Not attending outpatient appointments and not accepting treatment. 	Fax (902) 434-5031 or mail form to: Mental Health Case Management Services 51 Forest Hills Parkway, P.O. Box 11, Dartmouth, NS, B2W 6C6 Referral to be accompanied by recent psychiatric, functional and other available relevant assessments	Seen for assessment within 7 days.	14 days
3 Regular See by end of 3 months	<ul style="list-style-type: none"> • Currently an inpatient in a psychiatric unit and discharge planning identifies the individual as in need of intensive community treatment and support to engage in treatment and maintain independent community living. • Currently living independently in the community with marginal functioning associated with a low level of engagement in treatment and requiring functional support to successfully remain in the community. 	<ul style="list-style-type: none"> • Current inpatient identified as an individual living with a severe and persistent mental illness, has a history of high use of emergency and inpatient services, not engaged in treatment, has not benefited from traditional outpatient or case management services. • Client living in the community with a presentation similar to that noted above. 	Fax (902) 434-5031 or mail form to: Mental Health Case Management Services 51 Forest Hills Parkway, P.O. Box 11, Dartmouth, NS, B2W 6C6 Referral to be accompanied by recent psychiatric, functional and other available relevant assessments	Seen for assessment within 7 days.	14 days

ADULTS: Mental Health Day Treatment

The Mental Health Day Treatment Program is a 6-week, intensive (4 days/week), group therapy program for adults 18 years of age or older. The program offers a combination of psychotherapy, education and skill development for adults with various psychiatric diagnoses including, depression, anxiety, dysthymia, bipolar affective disorder, personality disorders, adjustment disorder and others.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Marie Kavanaugh, Social Work/ Coordinator	Partial Hospitalization	(902) 473-2503	3rd Floor, Abbie J. Lane Bldg., QEII, Halifax, NS B3H 2E2	(902) 473-7126
Dr. Jaqueline Kinley, Psychiatrist Program Director	Partial Hospitalization	(902) 473-8604	3rd Floor, Abbie J. Lane Bldg., QEII, Halifax, NS B3H 2E2	(902) 473-7126
Mary Clare Bauld, Social Worker/ Case Coordinator	Partial Hospitalization	(902) 473-8080	3rd Floor, Abbie J. Lane Bldg., QEII, Halifax, NS B3H 2E2	(902) 473-7126
Jane Cobden, Social Worker/ Case Coordinator	Partial Hospitalization	(902) 473-4291	3rd Floor, Abbie J. Lane Bldg., QEII, Halifax, NS B3H 2E2	(902) 473-7126
Jill Cumby, Nursing/ Case Coordinator	Partial Hospitalization	(902) 473-2991	3rd Floor, Abbie J. Lane Bldg., QEII, Halifax, NS B3H 2E2	(902) 473-7126
Jennifer Eames, Occupational Therapist/ Case Coordinator	Partial Hospitalization	(902) 473-2504	3rd Floor, Abbie J. Lane Bldg., QEII, Halifax, NS B3H 2E2	(902) 473-7126
Psychologist	Partial Hospitalization	(902) 473-2404	3rd Floor, Abbie J. Lane Bldg., QEII, Halifax, NS B3H 2E2	(902) 473-7126
Dawn MacDonald, Recreation	Partial Hospitalization	(902) 473-7275	3rd Floor, Abbie J. Lane Bldg., QEII, Halifax, NS B3H 2E2	(902) 473-7126
David Buike, Spiritual Care	Partial Hospitalization	(902) 473-2471	3rd Floor, Abbie J. Lane Bldg., QEII, Halifax, NS B3H 2E2	(902) 473-7126

ADULTS: Provincial Sex Offender Program

Its overall mandate is to increase safety in the community by decreasing the likelihood of convicted sexual offenders committing a repeat offense. The program offers assessment and treatment to sexual offenders who are currently living in the community under the supervision of the Department of Justice. It also processes presentence assessments on convicted sexual offenders.

The program maintains close working relationships with the Department of Justice and the Public Prosecution Service, as well as local Health Authorities. The program provides supervision and consultation services to psychology and probation staff working in treatment programs throughout the province. It also focuses on quality improvement activities, such as reviewing and revising program standards and policies, conducting program evaluation activities, and providing educational workshops to various agencies.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Dr. Angela Connors, Program Manager & Clinical and Forensic Psychologist		(902) 464-4129	c/o Nova Scotia Hospital, P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-6504
Dr. Michelle St. Amand, Clinical & Forensic Psychologist		(902) 464-3050	c/o Nova Scotia Hospital, P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-6504
Dr. Jelica Todosijevic, Psychologist		(902) 464-3041	c/o Nova Scotia Hospital, P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-6504
Michael Hanrahan		(902) 464-4823	c/o Nova Scotia Hospital, P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-6504

ADULTS: Reproductive Mental Health Services

The Reproductive Mental Health Service is a specialized multi disciplinary team located at the IWK Health Centre, providing psychiatric assessment, consultation and management for women also receiving maternity care from primary care physicians.

All referrals should be discussed with the patient. Truly emergency concerns around suicidality, safety or emergent psychosis should still be directed to ER based psychiatric services as we are an ambulatory advance booking clinic.

The service can also assist in education around psychiatric illness in the reproductive years and guide access to other relevant community supports and agencies for mothers and young children.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Dr. Joanne MacDonald, Psychiatrist		(902) 470-8722	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-6760
Dr. Mary-Ann Hudec, Psychiatrist		(902) 470-6603	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-6760
Nena Nauss, Service Coordinator		(902) 470-6465	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-6760
Deborah Salyzyn, Clinical Nurse Specialist		(902) 470-6434	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-6760
Coleen Flynn, Social Work		(902) 470-6465	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-6760

ADULTS: Seniors Program

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Beth Floyd, Program Manager	Specialty Services	(902) 464-3293	NSH, 300 Pleasant St., P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-3002
Joan Boniface, Registered Nurse/Health Services Manager	Seniors Mental Health	(902) 464-3416	NSH, 300 Pleasant St., P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-3002
Kathleen Drysdale, Occupational Therapist	Seniors Mental Health	(902) 464-6054	NSH, 300 Pleasant St., P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-3002
Alana Aisthorpe, Social Worker	Seniors Mental Health	(902) 464-6054	NSH, 300 Pleasant St., P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-3002
Cecile Amirault, Recreation Therapist	Seniors Mental Health	(902) 464-6054	NSH, 300 Pleasant St., P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-3002
John Dicks, Occupational Therapist	Seniors Mental Health	(902) 464-6054	NSH, 300 Pleasant St., P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-3002
Dr. Lara Hazelton, Psychiatrist	Seniors Mental Health	(902) 464-6054	NSH, 300 Pleasant St., P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-3002
Dr. Michael Flynn, Psychiatrist	Seniors Mental Health	(902) 464-6054	NSH, 300 Pleasant St., P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-3002
Dr. Terry Chisholm, Psychiatrist, Clinical Leader	Seniors Mental Health	(902) 473-2492	Queen Elizabeth II Health Sciences Centre, Abbie J. Lane Memorial Bldg., 7th Floor, 5909 Veterans Memorial Lane, Halifax, NS B3H 2E2	(902) 473-1422
Dr. Keri-Leigh Cassidy, Psychiatrist	Seniors Mental Health	(902) 473-2492	Queen Elizabeth II Health Sciences Centre, Abbie J. Lane Memorial Bldg., 7th Floor, 5909 Veterans Memorial Lane, Halifax, NS B3H 2E2	(902) 473-1422
Heather Rea, Social Worker	Seniors Mental Health	(902) 473-2492	Queen Elizabeth II Health Sciences Centre, Abbie J. Lane Memorial Bldg., 7th Floor, 5909 Veterans Memorial Lane, Halifax, NS B3H 2E2	(902) 473-1422
Dr. Catherine Hickey, Psychiatrist	Seniors Mental Health	(902) 464-6054	NSH, 300 Pleasant St., P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-3002
Dr. Cheryl Murphy, Psychiatrist	Seniors Mental Health	(902) 473-2492	Queen Elizabeth II Health Sciences Centre, Abbie J. Lane Memorial Bldg., 7th Floor, 5909 Veterans Memorial Lane, Halifax, NS B3H 2E2	(902) 473-1422

ADULTS: Seniors Program (cont.)

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Jeanette Flett, Community Mental Health Nurse	Seniors Mental Health	(902) 464-6054	NSH, 300 Pleasant St., P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-3002
Sarah Kreiger-Frost, Community Mental Health Nurse	Seniors Mental Health	(902) 473-2492	Queen Elizabeth II Health Sciences Centre, Abbie J. Lane Memorial Bldg., 7th Floor, 5909 Veterans Memorial Lane, Halifax, NS B3H 2E2	(902) 473-1422
Sharon MacLeod, Community Mental Health Nurse	Seniors Mental Health	(902) 464-6054	NSH, 300 Pleasant St., P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-3002
Mary Ritchie, Community Mental Health Nurse	Seniors Mental Health	(902) 464-6054	NSH, 300 Pleasant St., P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-3002
Marlene Given, Licensed Practical Nurse	Seniors Mental Health	(902) 464-3310	NSH, 300 Pleasant St., P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-3002
Shirley Wright, Registered Nurse	Seniors Mental Health	(902) 464-3310	NSH, 300 Pleasant St., P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-3002
Patricia Cosgrove, Social Worker	Seniors Mental Health	(902) 464-6054	NSH, 300 Pleasant St., P.O. Box 1004, Dartmouth, NS B2Y 3Z9	(902) 464-3002

ADULTS: Sleep Disorders Program

The Sleep Disorders Program is the tertiary referral centre for the assessment and treatment of sleep disorders in adults. The program consists of an outpatient clinic, as well as a modern, three bed laboratory. Our mission is to provide exemplary clinical care, to educate and to participate in research initiatives.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Dr. Debra Morrison, Respirologist	Sleep Medicine	(902) 473-6222	5909 Veterans Memorial Lane, 4th floor, Abbie J. Lane, Halifax, NS B3H 2E2	(902) 473-7158
Dr. Margaret Rajda, Psychiatrist	Sleep Medicine	(902) 473-4780	5909 Veterans Memorial Lane, 4th floor, Abbie J. Lane, Halifax, NS B3H 2E2	(902) 473-7158

Triage Level	Description	Examples	Referral Process	Target Wait Times	Actual Wait Times
0 Emergency					
1 Urgent	<ul style="list-style-type: none"> Severe daytime sleepiness leading to an urgent safety issue Nocturnal hypoventilation disorders with impending respiratory failure 		Fax referral to Sleep Disorders Clinic (902) 473-7158 include recent investigations/consultation reports and any previous sleep study reports	2 weeks	2 weeks
2 Semi-urgent	<ul style="list-style-type: none"> Severe sleep disorder with significant sleepiness and/or significant medical illness Sleep disorder severely affecting work/academic performance 	<ul style="list-style-type: none"> Narcolepsy Obstructive Sleep Apnea in a setting of congestive heart failure, pulmonary hypertension, poorly controlled hypertension 	As above	3 months	3 months
3 Regular	<ul style="list-style-type: none"> Any other sleep disorder not in category 1 or 2 	<ul style="list-style-type: none"> Obstructive sleep apnea Restless legs syndrome Parasomnias Narcolepsy REM behaviour disorder Circadian rhythm sleep disorders Insomnia (if in the setting of a psychiatric disorder, a mental health assessment is requested) 	As above Patient will complete a set of questionnaires before referral processed	12 months	24 months

IWK: Children and Youth - Administration

Name	Address	Telephone	Fax
Susan Mercer, Interim Vice President, Child and Adolescent Mental Health	Charter House 1465 Brenton Street, 5th Floor Halifax, NS B3J 3T3	(902) 470-8086	(902) 470-7937
Dora Davis, Administrative Assistant to Susan Mercer	Charter House 1465 Brenton Street, 5th Floor Halifax, NS B3J 3T3	(902) 470-8087	(902) 470-7937
Judy Elliott, Interim Director, Specialty Services	IWK Health Centre Main Floor, Pediatric Site 5850 University Avenue P.O. Box 9700 Halifax, NS B3K 6R8	(902) 470-8246	(902) 470-8664
Elvina Wright, Administrative Assistant to Judy Elliot	IWK Health Centre Main Floor, Pediatric Site 5850 University Avenue P.O. Box 9700 Halifax, NS B3K 6R8	(902) 470-8099	(902) 470-8664
Dr. Ruth Carter, Director, Forensic Services/Community Mental Health	Young Tower 6080 Young Street Suite 1001 Halifax, NS B3K 5L2	(902) 491-7500	(902) 491-7509
Tena Roebuck, Administrative Assistant to Dr. Ruth Carter	Young Tower 6080 Young Street Suite 1001 Halifax, NS B3K 5L2	(902) 491-7502	(902) 491-7509
Dr. Herb Orlik, Chief of Psychiatry	Charter House 1465 Brenton Street, 5th Floor Halifax, NS B3J 3T3	(902) 470-8375	(902) 470-8937
Lesley Dalton, Administrative Assistant to Dr. Herb Orlik	Charter House 1465 Brenton Street, 5th Floor Halifax, NS B3J 3T3	(902) 470-8066	(902) 470-8937
Dianne Gibson, Administrative Assistant to Managers of *Ambulatory Services:	Young Tower 6080 Young Street Suite 1001 Halifax, NS B3K 5L2	(902) 491-7508	(902) 491-7509
* Archie MacKinnon	Young Tower 6080 Young Street Suite 1001 Halifax, NS B3K 5L2	(902) 491-2776	(902) 491-7509
* Valerie Davis	Waterville Youth Forensic Centre P.O. Box 100 Waterville, NS BoP 1V0	(902) 538-4211	(902) 538-4161
Monique Yazbek, Manager 4 South Inpatient Psychiatry and Crisis Emergency Team	IWK Health Centre Mental Health 4 South Inpatient Psychiatry	(902) 470-8028	(902) 470-8382
Sheila MacDonald, Manager Childs Response Program	APSEA Building 5940 South Street, 4th Floor Halifax, NS B3H 1S6	(902) 470-8558	(902) 470-8068
Heika Sarty, Manager IWK Mental Health Services VIA Station	VIA Station 1161 Hollis Street, 3rd Floor Halifax, NS B3H 2P6	(902) 491-2360	(902) 491-2335

Adolescent Centre for Treatment

(12 Beds for 12-19 years of age) Nova Scotia Clients

All Child & Adolescent Mental Health referrals are triaged / received by the central referral service (902) 464-4110.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Heika Sarty, Manager		(902) 491-2360	1161 Hollis St., 3rd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2335
Amy Foote, Social Worker		(902) 491-2324	1161 Hollis St., 3rd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2335
Janice Hooper, Registered Nurse and Clinical Leader		(902) 491-2323	1161 Hollis St., 3rd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2335
Stephanie Weir, Occupational Therapist		(902) 491-2325	1161 Hollis St., 3rd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2335
Brian Tournier, Registered Nurse		(902) 491-2330	1161 Hollis St., 3rd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2335
Sharon Clark, Psychologist		(902) 491-2327	1161 Hollis St., 3rd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2335
Allyson Mackay, Teacher		(902) 491-2358	1161 Hollis St., 3rd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2335
Jacqueline Currie- Gates, Administrative Assistant		(902) 491-2993	1161 Hollis St., 3rd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2335

Adolescent Day Treatment

All Child & Adolescent Mental Health referrals are triaged / received by the central referral service.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Heika Sarty Manager		(902) 491-2360	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2335
Joan Shellnut Administrative Assistant		(902) 491-2336	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2335
Dawne Rawding, Developmental Worker		(902) 491-2338	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2335
Paula Ede, Developmental Worker		(902) 491-2338	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2335
Kathy Findley, Licensed Practical Nurse		(902) 491-2338	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2335
Dr. Wade Junek, Psychiatrist		(902) 491-2352	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2335
Marilyn Lamphier, Developmental Worker		(902) 491-2338	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2335
Dr. Heather MacLatchey-Gaudet, Psychologist/Acting Team Leader		(902) 491-2339	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2335
Jennifer Mosgrove, Social Worker		(902) 491-2351	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2335
Occupational Therapist - Vacant		(902) 491-2353	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2335

Assessment Services (Court Ordered)

* Contact IWK Health Centre, Mental Health Assessment to refer (902) 491-2494.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Archie MacKinnon, Manager		(902) 491-2776	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 491-7509
Dennis Allaby, Psychologist		(902) 492-2494	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 425-1413
Harpreet Aulakh, Psychologist		(902) 492-2494	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 425-1413
Dr. Lowell Blood, Psychologist		(902) 492-2494	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 425-1413
Carleen Hall, Psychologist		(902) 492-2494	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 425-1413
Shelley Hatt, Social Worker		(902) 492-2494	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 425-1413
Linda MacEachern, Social Worker/Acting Team Leader		(902) 492-2494	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 425-1413
Nancy Rogers Currie, Social Worker		(902) 492-2494	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 425-1413

Central Referral Service

Referrals for all Mental Health Services Please Contact: (902) 464-4110

Staff Name & Discipline	Telephone Number	Address	Fax Number
Kevin MacDougall, Social Worker, Team Leader	(902) 491-2777	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 464-3008
Sandra Felderhof, Social Worker, Clinician	(902) 491-2741	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 464-3008
Anne Zygmunt, Social Worker, Clinician	(902) 460-3922	277 Pleasant St., Suite 204, Dartmouth Professional Center, Dartmouth, NS B2Y 4B7	(902) 461-0939
Judy Redman, Administrative Assistant	(902) 464-4110	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 464-3008

CENTRAL REFERRAL

Principal Functions

- All Child & Adolescent Mental Health referrals must have a completed BCFPI attached with referral.
- Screens and triages referrals for children and youth requesting assistance primarily through Community Mental Health and the sub-specialty clinics in Maritime Psychiatry. After hour referrals and emergencies are managed by the Crisis Team.
- Redirects referrals to other services within the mental health program such as Adolescent Day Treatment; Child and Family Day Treatment, Inpatient Unit; the ACT Program and the new Intensive Community Based Treatment Team. These referrals are then assessed for appropriateness by their own admissions committee.
- Redirects inquiries on non-mental health matters to appropriate agencies or organizations.
- Provides call-back support / coverage to the Community Mental Health clinics when necessary.
- Distributes educational materials on child and adolescent mental health and related resources in response to specific inquiries.
- Maintains a database of referral patterns, referral acuity, and referral disposition.

Child and Family Day Treatment

All Child & Adolescent Mental Health referrals are triaged / received by the central referral service.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Heika Sarty, Manager		(902) 491-2360	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2335
Eileen Cummings, Registered Nurse/Acting Team Leader		(902) 491-2346	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2355
Susan Adams, Teacher		(902) 491-2354	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2355
Dr. Susan Jerrott, Psychologist		(902) 491-2342	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2355
Dr. Wade Junek, Psychiatrist		(902) 491-2352	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2355
Carmel Power, Developmental Worker		(902) 491-2348	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2355
Colin Morrison, Child Care Worker		(902) 491-2350	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2355
Jennifer Mosgrove, Social Worker		(902) 491-2351	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2355
Occupational Therapist - Vacant		(902) 491-2353	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2355
Judy Ashley-LeBlanc, Registered Nurse		(902) 491 2353	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2355
Joan Shellnut, Administrative Assistant		(902) 491-2336	1161 Hollis St., Via Stn., 3rd Floor, Halifax, NS B3H 2P6	(902) 491-2355

Children's Response Program

Referrals from outside community service agencies.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Sheila MacDonald, Manager		(902) 470-8558	5846 South St., Halifax, NS B3H 1S6	(902) 470-8068
Darren Tolliver, Operations Team Leader		(902) 470-8872	5846 South St., Halifax, NS B3H 1S6	(902) 470-8068
Maureen Brennan, Social Worker		(902) 470-8852	5846 South St., Halifax, NS B3H 1S6	(902) 470-7771
Dr. Isabel Fearon, Psychologist		(902) 470-8001	5846 South St., Halifax, NS B3H 1S6	(902) 470-7771
Gwen Romanes, Registered Nurse		(902) 470-8945	5846 South St., Halifax, NS B3H 1S6	(902) 470-7771
Lindsay Gill, Administration Asistant		(902) 470-7923	5846 South St., Halifax, NS B3H 1S6	(902) 470-8068

Dartmouth Community Mental Health

All Child & Adolescent Mental Health referrals are triaged / received by the central referral service (902) 464-4110.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Archie MacKinnon, Manager		(902) 491-2776	277 Pleasant St., Suite 204, Dartmouth, NS B2Y 4B7	(902) 491-7509
Dr. Khalil Ahmad, Psychiatrist		(902) 469-8170	277 Pleasant St., Suite 204, Dartmouth, NS B2Y 4B7	(902) 461-0939
Mary Butler, Social Worker		(902) 469-8170	277 Pleasant St., Suite 204, Dartmouth, NS B2Y 4B7	(902) 461-0939
Dr. Norm Carrey, Psychiatrist		(902) 469-8170	277 Pleasant St., Suite 204, Dartmouth, NS B2Y 4B7	(902) 461-0939
Crystal Grace, Social Worker		(902) 469-8170	277 Pleasant St., Suite 204, Dartmouth, NS B2Y 4B7	(902) 461-0939
Dr. Marg Olver, Psychologist/Team Leader		(902) 469-8170	277 Pleasant St., Suite 204, Dartmouth, NS B2Y 4B7	(902) 461-0939
Tom Osborne, Social Worker		(902) 469-8170	277 Pleasant St., Suite 204, Dartmouth, NS B2Y 4B7	(902) 461-0939
Lou Costanzo, Social Worker		(902) 469-8170	277 Pleasant St., Suite 204, Dartmouth, NS B2Y 4B7	(902) 461-0939
Eric Anstey, Youth Care Worker		(902) 469-8170	277 Pleasant St., Suite 204, Dartmouth, NS B2Y 4B7	(902) 461-0939

Forensic Team

There are no DIRECT referrals from PRIMARY CARE.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Donna Stevenson, Occupational Therapist, NCR Coordinator		(902) 492-2494	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 425-1413

Halifax Community Mental Health

All Child & Adolescent Mental Health referrals are triaged / received by the central referral service (902) 464-4110.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Archie MacKinnon, Manager		(902) 491-2776	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 491-7509
Elaine Aucoin, Social Worker Team Leader		(902) 422-1611	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 425-1413
Dr. Alexa Bagnell, Psychiatrist		(902) 422-1611	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 425-1413
Dr. Tracy Banks, Psychologist		(902) 422-1611	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 425-1413
Dr. Alissa Pencer, Psychologist		(902) 422-1611	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 425-1413
Shirley McFadyen, Social Worker		(902) 422-1611	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 425-1413
Dr. Marie Poisson, Psychologist		(902) 422-1611	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 425-1413
James Hartley, Youth Care Worker		(902) 422-1611	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 425-1413
Dr. Suzanne Zinck, Psychiatrist		(902) 422-1611	6080 Young St., Young Tower, Suite 1001, Halifax, NS B3K 5L2	(902) 425-1413

IWK: Children and Youth

Inpatient Psychiatry

All Child & Adolescent Mental Health referrals are triaged / received by the central referral service (902) 464-4110.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Monique Yazbek, Manager		(902) 470-8028	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8382
Dr. John Aspin, Clinical Director		(902) 470-7747	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8382
Melanie Kelly, Mental Health Educator		(902) 470-7914	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8382
Susan Cakmak, Social Worker		(902) 470-6959	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8382
Eva Goppoldova, Social Worker		(902) 470-6907	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8382
Dr. Carlo Carandang, Psychiatrist		(902) 470-6570	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8382
Lisa Parkinson McCraw, Clinical Nutritionist		(902) 470-7269	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8382
Debbie Pierce, Registered Nurse/Team Leader		(902) 470-6705	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8382
Mike Trider, Teacher		(902) 470-8538	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8382
Karen MacAulay, Administrative Assistant		(902) 470-8383	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8382

Inpatient Psychiatry (cont.)

All Child & Adolescent Mental Health referrals are triaged / received by the central referral service (902) 464-4110.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Elaine Handrahan, Occupational Therapist		(902) 470-7775	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8382
Andy Cox, Youth Consumer Navigator		(902) 470-7302	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8382
Karen Comeau, Quality Coordinator		(902) 470-7312	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8382
Andrea Murphy, Pharmacist		(902) 470-8720	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8382

Intensive Community Based Treatment

All Child & Adolescent Mental Health referrals are triaged / received by the central referral service (902) 464-4110.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Heika Sarty, Manager		(902) 491-2360	1161 Hollis St., 2nd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2335
Jeff Casey, Case Manager		(902) 491-2999	1161 Hollis St., 2nd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2997
Debbie Emberly, Psychologist / Team Leader		(902) 491-2994	1161 Hollis St., 2nd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2997
Trevor Hall, Case Manager		(902) 491-2990	1161 Hollis St., 2nd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2997
Derrick MacLean, Case Manager		(902) 491-2992	1161 Hollis St., 2nd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2997
Dympna Martin, Case Manager		(902) 491-2359	1161 Hollis St., 2nd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2997
Tracy Stiner, Case Manager		(902) 491-2991	1161 Hollis St., 2nd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2997
Louise Misener, Social Work		(902) 491-2341	1161 Hollis St., 2nd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2997
Stephanie Jollymore, Case Manager		(902) 491-2998	1161 Hollis St., 2nd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2997
Rachael Raftus, Administrative Assistant		(902) 491-2993	1161 Hollis St., 2nd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2997

Shared Care

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Bonnie Warren, Registered Nurse		(902) 491-2993	1161 Hollis St., 2nd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2335
Donna Lemoine, Registered Nurse		(902) 491-2993	1161 Hollis St., 2nd Floor, Via Stn., Halifax, NS B3H 2P6	(902) 491-2335

Maritime Psychiatry

All Child & Adolescent Mental Health referrals are triaged / received by the central referral service (902) 464-4110.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Monique Yazbek, Manager		(902) 470-8028	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8382
Dr. Herbert Orlik, Psychiatrist Senior Physician Leader		(902) 470-8375	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8937
Dr. Norm Carrey, Psychiatrist		(902) 470-8375	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8937
Dr. Suzanne Zink, Psychiatrist		(902) 470-8375	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8937
Dr. Cheryl Gilbert MacLeod, Psychologist / Team Leader		(902) 470-8375	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8937
Dr. Joanne Gusella, Psychologist / Team Leader	Eating Disorder Clinic	(902) 470-8375	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8937
Dr. Aidan Stokes, Psychiatrist A/Head Psych. Dalhousie		(902) 470-8375	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8937
Nancy Wright, Social Worker	Mood Disorders	(902) 470-8375	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8937
Carolyn Barter, Youth Care Worker		(902) 470-8375	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8937
Gilbert Egamino, Social Worker		(902) 470-6536	IWK Health Centre, 5880/5980 University Ave., PO Box 9700, Halifax, NS B3K 6R8	(902) 470-8937

Referral Screening / Disposition

All Mental Health Referrals for Child and Adolescent Mental Health Program are processed at the Central Referral Service. Please call (902) 464-4110 or Fax (902) 464-3008 to initiate a Mental Health Referral. The fax machine is located in the private office. It is only accessible to Central Referral personnel.

Disposition is based upon the severity of symptoms, risk to self or others, functional impairment and family/social supports available. Disposition will be determined upon completion of clinical intake interview (BCFPI) Brief Child Family Phone Interview.

The Central referral Clinician may contact the referring physician, agency, school and or the patient/family to complete the BCFPI before accepting the referral.

Triage Level	Description	Examples	Referral Process	Target Wait Times	Actual Wait Times
<p>Emergency Send to Emergency Department for crisis assessment</p>	<ul style="list-style-type: none"> • Immediate and significant risk of harm to self or others. • Acute psychosis or mania which cannot be managed in the community. 	<ul style="list-style-type: none"> • Suicide attempt • Acute suicidal/homicidal thought with intent. • Acute psychosis • Acute mania 	<p>Contact Central Referral (Monday-Friday; 8:30-4:30pm; 464-4110 and after hours IWK switchboard 470-8888) to access crisis worker for screening and further direction to emergency for crisis assessment.</p>		<p>Immediate triage by ER nurse for medical clearance.</p>
<p>Priority Will be contacted within 5 days to set up appointment.</p>	<ul style="list-style-type: none"> • An actual or likely mental health problem is the presumed cause of the urgent referral. • A rapid response is required, without which the patient's condition could deteriorate. • A mental health assessment/intervention is required. • Bi-polar Disorder and severe impairment in functioning. 	<ul style="list-style-type: none"> • Assessed to be a high risk for suicide/homicide at the time seen by the crisis worker. • Experiencing acute post-traumatic stress reactions secondary to tragedy, or catastrophic events at that time seen by the crisis worker. • An increase in severity of symptoms of a Mental Health Disorder at time seen by Crisis Worker. 	<p>Priority referrals will be directed to Community Outpatient Clinics depending upon catchment area or to sub-speciality clinics by Central Referral Clinicians. All priority referrals will be required to have a BCFPI completed by Central Referral. Fax referrals to Administrative Assistant (Judy) at (902) 464-3008.</p> <p>Call and speak to Intake Clinician if deemed urgent.</p>	<p>Seen within 5 days</p>	

Referral Screening / Disposition

Triage Level	Description	Examples	Referral Process	Target Wait Times	Actual Wait Times
Regular 1 (within 4 weeks) seen in succession by referral date and according to current wait list level.	<ul style="list-style-type: none"> Severe impairment in functioning – need to qualify for each cluster. Referrals that meet general entry criteria, however triage/BCFPI information indicates increased impairment. 	<ul style="list-style-type: none"> Transfers from 4-South Inpatient Unit. Suicidal Ideation. School absence Victimization that severely affects functioning. High risk of violent behaviour (qualify). Stabilized Bi-polar Disorders. 	<p>All R1 referrals will be sent from Central Referral; tel: (902) 464-4110; fax (902) 464-3008 to other clinics within Mental Health Program.</p> <p>Halifax-CMH; tel: (902) 422-1611; fax: (902) 425-1413</p> <p>Dart-CMH; tel: (902) 469-8170; fax: (902) 461-0939</p> <p>Sack-CMH; tel: (902) 864-8668; fax: (902) 865-8966</p> <p>Maritime Psychiatry; tel: (902) 470-8375; fax: (902) 470-8937</p>	Case assignment within 10 days	Up to one month
Regular 2 (within 8 weeks) referrals assigned by referral date	<ul style="list-style-type: none"> Moderate impairment in functioning. Severe disruptive behaviours at home/school/community. 	<ul style="list-style-type: none"> Depression with impaired sleep/appetite, social isolation/withdrawal, low mood. Anxiety/panic. Self referrals from other IWK MH services. Acute risky behaviours. Private Practitioners. Shared Care. 	All R2 referrals sent from Central Referral. Please follow above direction.	Case assignment 10 days	Up to 2 months
Regular 3 (as scheduled)	<ul style="list-style-type: none"> Mild impairment in functioning. 	<ul style="list-style-type: none"> Parent Education courses Families First Family Help 	All R3 referrals sent from Central Referral. Please follow above direction.	As per schedule	

** Regular Referrals: DOH Standard is case assignment within 10 working days, and initial assessment completed within 90 days from time of disposition encompasses 3 sub categories R1, R2, R3

* Each service has an on-call clinician available to discuss urgent situations on current wait list..

Sackville Community Mental Health

All Child & Adolescent Mental Health referrals are triaged / received by the central referral service (902) 464-4110.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Archie MacKinnon, Manager		(902) 491-2776	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 491-7509
Rob McIntyre, Community Support		(902) 864-8668	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-8966
Brennan Poirier, Social Worker/Team Leader		(902) 864-8668	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-8966
Dr. Lukas Propper, Psychiatrist		(902) 864-8668	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-8966
Marilyn Roberts, Psychologist		(902) 864-8668	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-8966
Anne Sexton, Social Worker		(902) 864-8668	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-8966
Dr. Trudi Walsh, Psychologist		(902) 864-8668	Cobequid Community Health Centre, 40 Freer Lane. Lower Sackville, NS B4C 0A2	(902) 865-8966

Waterville Youth Team

There are no DIRECT referrals from PRIMARY CARE.

Staff Name & Discipline	Special Interest	Telephone Number	Address	Fax Number
Valerie Davis, Manager		(902) 538-4221	NS Youth Centre, PO Box 100, 1442 County Home Rd., Waterville, NS B0P 1V0	(902) 538-4161
Dr. Joan Boutilier, Psychologist		(902) 538-4229	NS Youth Centre, PO Box 100, 1442 County Home Rd., Waterville, NS B0P 1V0	(902) 538-4161
Steve Gouthro, Psychologist		(902) 538-4220	NS Youth Centre, PO Box 100, 1442 County Home Rd., Waterville, NS B0P 1V0	(902) 538-4161
Wanda Schofield, Social Worker /Team Leader		(902) 538-4226	NS Youth Centre, PO Box 100, 1442 County Home Rd., Waterville, NS B0P 1V0	(902) 538-4161
Gwen Boyd, Registered Nurse		(902) 538-8071	NS Youth Centre, PO Box 100, 1442 County Home Rd., Waterville, NS B0P 1V0	(902) 538-4161
Jennifer Beganson, Administrative Assistant		(902) 538-4220	NS Youth Centre, PO Box 100, 1442 County Home Rd., Waterville, NS B0P 1V0	(902) 538-4161
Patricia Janson, Registered Nurse		(902) 538-8071	NS Youth Centre, PO Box 100, 1442 County Home Rd., Waterville, NS B0P 1V0	(902) 538-4161
Barb Anderson, Registered Nurse		(902) 538-8071	NS Youth Centre, PO Box 100, 1442 County Home Rd., Waterville, NS B0P 1V0	(902) 538-4161
Della Le Clair, Social Worker		(902) 538-8071	NS Youth Centre, PO Box 100, 1442 County Home Rd., Waterville, NS B0P 1V0	(902) 538-4161

IWK Health Centre Central Referral Service
Child & Adolescent Mental Health



Suite 1001, 6080 Young St., Halifax, NS B3K 5L2
 Phone: (902) 464-4110 Fax: (902) 464-3008

PLEASE NOTE: Do not submit this form.
Contact Central Referral Office for an Original (902) 464-4110

Emergency Priority R1 R2 R3
 Consult New Referral Re-Referral Transfer
 FAXED TO: _____
 on _____

Central Referral. # : _____
 Date: _____
 C.R. Clinician: _____
 Total Time This Case: _____
 Referral #: _____
 FRF Sent: _____
 Chart Number: _____

IDENTIFYING INFORMATION:

Name (Last): _____ (First): _____
 Date of Birth: _____ (dd/mm/yr) Age: _____ Sex: _____
 Address: _____
 Res. Phone: _____ Postal Code: _____
 School: _____ Grade: _____
 Family Information: (circle)
 Step/Fos/Adopt MOTHER: (First): _____ (Last): _____ Ph: (h) _____ (w) _____
 Step/Fos/Adopt FATHER: (First): _____ (Last): _____ Ph: (h) _____ (w) _____
 Marital Status: _____ Occupation: _____
 Mother: _____ Father: _____
 Sibs: 1. _____ Age: _____ Sibs: 3. _____ Age: _____
 Sibs: 2. _____ Age: _____ Sibs: 4. _____ Age: _____
 Sibs currently in therapy YES NO With Whom: _____

Referral Source: _____ Telephone: _____
 Relation to young person: _____ Custodial Parent? YES NO
 Address: (if different from above) _____
 Postal Code: _____

Additional Information:

Health Card Number: _____ Mental Health Services: Now In the Past Never
 Family Physician: _____ Therapist & Dates: _____
 Address/Phone: _____
 DCS/CAS Services: Now In the Past Never School Spec. Services: Now In the Past Never
 Worker: _____ with: _____

Case Assignment to: _____ **Date:** _____ **Initial Appt.** _____
Hold/GC/IT on: _____ **Reason:** _____

